



THE MAIL POUCH



Website: branch69.org

The Pony Express Branch #69
May - 2024 Edition

Facebook: [Pony Express SIR Branch 69](https://www.facebook.com/PonyExpressSIRBranch69)

John Popadak, Editor



CONNOR'S LUCK OF THE IRISH

In the month of May, there are several exciting events taking place - Kentucky Derby - Mothers' Day - PGA Golf Tournament - Memorial Day & The Indy 500.

We are down to five members that have not paid their \$25.00 Annual Membership Dues. One can make their due's payment at the May 9th Luncheon or mail it to our Treasurer: Hal Copperberg 8015 Garry Oaks Drive Citrus Heights Ca 95610. The annual dues fund the payment of branch operational expenses and some of the branch outside activities.

We need to get a better member response to the Ten Dedicated Volunteer Phone Callers. The number of "No Responses", Individuals that say "Yes" and do not show up, individuals that said "No" and they attend anyway on the luncheon, date is making it difficult to get an accurate luncheon count for the number of meals to be prepared, served, and paid for at the luncheon.

The Annual SIR 69 Family Picnic is all set for June 19th at Carmichael Park. Jerry Schroeder and his volunteer helpers are preparing an excellent menu and members can bring their raffle prize donations to the May 9th and June 13th Luncheons and give them to Little SIR Lt. Coopwood. Picnic tickets can be purchased at the May 9th and June 13th Luncheons - \$10.00 per person and \$5.00 per child 12 years and younger.

Hopefully, everything has been healthy and enjoyable for your family. Looking forward to see everyone at the SIR Branch 69 Luncheon on May 9th.

Connor "Lucky Irish" Chin, Big SIR

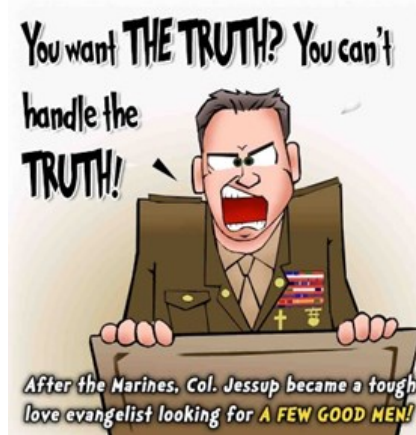
Cell Phone: 1 (916) 601-1854

Email: cjschin@gmail.com

COOP'S CORNER



Sometimes the truth is right in front of us but we don't want to accept what is being said. My once beautiful granddaughter recently told me, "I feel I need to put you in your place." Oh, I have a place now? I once believed we were close but the reality is, NOT ANYMORE! I was hurt but accepted what was in front of me. That little good for nothing brat needs a good waterboarding!!



When COVID hit the world was in shock. People that we thought were brave hid themselves behind locked doors. They prayed that the angel of death would Passover their house and move along to somewhere other than them. It made me think of zombies in the neighborhood. Friends

and family were told to stay away, they didn't want to let the virus/zombies in the house so don't come over period. Better to separate themselves in fear of their lives.

All of the "I'll love you always" changed when fear kicks in. Most of those people are still not willing to say "YES, I'M SCARED". All of us hope that we'd be brave in a crisis situation but COVID showed us otherwise. The bottom line is sometime we just have to accept the truth of what we see and move past it.

Yes, my health is not what it used to be.

No, she doesn't love me like she used to.

My political leaders suck and aren't what they once were.

(Continued on Page 4)

May Birthdays

Floyd Scott	05/05	87 Years
Howard Nielsen	05/11	86 Years
Ted Patterson	05/15	86 Years
Alex Canada	05/18	
Richard Stratton	05/20	
Jim Sprifke	05/22	80 Years
Frank Adams	05/24	83 Years
Paul Parsons, MD	05/26	
Ray Price	05/27	
Bill Pritchett	05/29	
Blake Thomson	05/30	



Special Congratulations to Jim Sprifke on his 80th Birthday!!

NEXT MEETING

NEXT GENERAL MEETING

Thursday **May 9th, 2024**
 Dante Event Center, 2330 Fair Oaks Blvd., Sacramento
 95825
 Check-In and Social Hour: 11:00 am to 12:00 noon
 General Meeting, Lunch,
 and Speaker: 12:00 noon - 2:00 pm

YOU'RE ALL INVITED!

All members are also invited to attend the
 Branch Executive Committee (BEC) Meeting: 10:00 am



May Anniversaries

Joe & Karon Bowers	05/04	
Jim & Lauren Luttig	05/07	
Tom & Vanessa Mezzanares	05/13	52 Years
James & Rhonda Svobodny	05/14	
Dave & Maria Damitz	05/17	
Ernie & Sylvia Shell	05/21	
Tom & Joanne Page	05/21	
Ray & Linda Price	05/23	
Dennis & Kitty Kramer	05/26	
Sidney & Ella Newman	05/26	72 Years
Bob & Kathy Schrupf	05/26	
Davis & Kay Busch	05/28	51 Years



MENU

For May 9th
 * * * * *

Spring House Salad
 Seasonal Vegetables
 Slow Roasted Tri-Tip
 with Chimichurri
 Herb Roasted Potatoes
 Dinner Rolls with Butter
 and Chef's Choice
 Dessert

WELCOME NEW MEMBERS!!

SIR Les Kurtz

4789 Manzanita Ave, Apt 49
Carmichael, CA 95608
(707) 631-4569
grumpales@comcast.net
Sponsor: Greg Powell



Les was born in Vallejo and grew up in Sonoma. He has spent pretty much all of his life in the Bay area. After high school, he went to Diablo Valley College, Sac City College and briefly to Sac State. Sac State proved to be a disappointment, so he left school for a job with a computer services company. He has worked his entire career as a COBOL programmer and computer systems analyst.

Les also has been a lifelong musician, starting with the saxophone in grade school, later the guitar and now the bass. He still plays with a local group called Mischief (oldies, of course). Les is a good bowler (planning to join our league next fall), enjoys games such as backgammon, cribbage and other cards, plus he is a big NASCAR fan. Les has one daughter and 3 grandchildren.

Birthday: September 11, 1952

SIR Ted Nishio

2623 Latham Dr.
Sacramento, CA 95864
(916) 217-9193
tdnishio@yahoo.com
Sponsor: Mission Oaks Park District
Magazine



Ted is a Sacramento native—he grew up here and attended Burbank High School. While in high school, Ted played outside linebacker for Burbank’s only undefeated football team, ranked #2 in the state. After high school, he joined the Air Force Reserve and served in a aeromedical evacuation unit, first at McClellan AFB and later at Travis AFB, which had the more modern jet transport airplanes. Ted graduated from Cal Berkeley in 1972 and then earned his MSW degree from Sac State before he began work with the Alameda County Health Department, working with heroin addicts and later juvenile delinquents. After four years of that work, he wanted a change and headed to Hawaii to be a beach bum on Oahu. He enjoyed this leisure for a year before moving back to Sacramento, working for the County Mental Health Department and later the State Mental Health Department. The lower real estate prices in Sacramento enabled Ted to buy a house and later some rental properties. Faced with the possibility of job cutbacks in Mental Health, he moved to CalPersStrs and later CalPers as a real estate investment officer. Between his work at CalStrs and CalPers, he put in 15 years with these offices. He retired in 2004 at the young age of 55.

Ted has lots of hobbies and interests. He works out at the gym several days a week, belongs to a senior hiking club, participates in yoga and lap swimming, plays pickleball and ping pong, and enjoys travel (favorite destination: Machu Picchu). He has run seven marathons, too. Ted loves doo wop and Motown music and sports trivia games. Ted also serves as a Red Cross disaster volunteer when called. Ted and his wife Dolly have one son.

Birthday: October 26, 1949
Anniversary: Dolly, July 12, 1980



Big SIR Connor Chin (center) welcomes new members Les Kurtz (left) and Ted Nishio (right) to Branch 69.

COOP'S CORNER

(Continued from Page 1)

Some truths can be tough to accept, but that's when the healing begins. Accepting what you see and not what you believed to be true is the first step to changing the future. It all starts with accepting the TRUTH that is right in front of you.

Now, excuse me while I go find a bucket of water and a towel for my precious granddaughter.

May 9th Guest Speaker: Richard Dilberg – Flight Historian will be speaking on the History of Aviation.

Lieutenant Coopwood, Little SIR

RECRUITING AND PUBLICITY

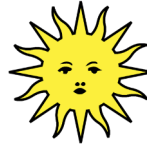
I was happy to see two new members join our ranks in April—new members are the lifeblood of our organization. One of the new members found us because of our announcement in the Mission Oaks Recreation and Park District magazine. We are blessed with a strong, healthy SIR Branch 69, thanks to the continued efforts of our members to volunteer their time and skill for the various leadership positions. Share our success with potential new members. Also, be sure to read the bios for our new members; they both have lead interesting lives and continue to do so now.

As I've mentioned previously, if any members have ideas about possible recruiting measures, please let me know. We could use some new outreach efforts.

We are also continuing our work to place our advertising posters in the local golf courses. This work has been done primarily by our Golf Committee chair, Rick Hom. Many of the courses seem very willing to let us display our posters.

I'll look forward to seeing everyone at the May luncheon.

Tom Page, Recruiting & Publicity Director



SUNSHINE



Please keep the following folks in your prayers:

Thomas (Train) Walton (Recovering from Cancer) - Thomas is currently navigating through the complications of diabetes.

Jewell Senegal (Hospitalized - Internal Bleeding) - I spoke to Warren today (3/24/2024) and he said Jewell was hanging in there and her pain was being managed. I asked how he was doing and he said he'd been better, but it helps that he is surrounded by family.

Tom Page (Compression Fracture of a Vertebrae) - By order of His Doctor and a "Higher Power" Tom has been ordered to cease most of his physical activities until further notice.

PBS Pat Quinn (Neck Surgery) - Pat underwent surgery on April 18th and is recovering at home. He'll be out of commission for the next 4 to 6 weeks.

Todd Davis (Kidney Stone Operation) - Todd went in for surgery in April for a stone that measured around 3".

Glen Halvorsen (Degenerative Eye Disease) - Glen's driving has been restricted due to his eyesight.

Reach out to someone and let them know we care and they are not alone.

If you know of any of our members or immediate family with health problems give me a call at (650) 240-6019, or call Big SIR Connor Chin.

James Aylett, Sunshine Chairman
penholder19@gmail.com



Forgot the luncheon's speaker details? Want to read back issues of the Mail Pouch? Get all of this and more on our Web Site at <http://branch69.org>

SIR Membership Application Form

If you know of someone who would like to join Branch 69, download an application form to give them by clicking on the form at right:





GOLF NEWS



Rick Hom—Regular Course



Terry Block—Progressive Golf Club



UPCOMING TOURNAMENTS

- May 2 - Wildhawk - \$36 - Stroke Play
- May 16 - Turkey Creek - \$60 - 2 Man Best Ball
- May 23 - Ancil Hoffman - \$62 - Stroke Play "Three Blind Mice"
- June 6 - Wildhawk - \$39 - 1st Rnd Club Championship
- June 20 - Mather - \$55
- June 27 - River Oaks - \$56

APRIL RESULTS

Alister Mackenzie (4/18) - Stroke Play
Beautiful day for golf. The course played tough for most of us, though. Special congratulations to Jim Sprifke, he's upped the bar another notch (from his previous 4'-0") in the season-long CTP contest!

1st Low Net, 2nd Low Net, 3rd Low Net

1st Flight: Jim Svobodny, John Valdes, Mike Evans

2nd Flight: Jack Osborne, Tom Page, Gary Lukins

3rd Flight: Rod Lukins, Ernie Flores, Marty Miller

CTPs: Joe Riley, Jack Osborne, Jim Sprifke, John Mestek, and Dan Nelson

Lincoln Hills-Hills 4/25 - 2-Man Scramble
Congrats to our winners, it was a windy day on a challenging course.

1st Place Team: Sandy Davis & John Popadak

2nd Place Teams (Tied): Rod Lukins & Jack Osborne and Gary Lukins & Paul Woods

3rd Place Teams (Tied): Mike Evans & Jim Svobodny and Ernie Flores & Jim Oblizalo

CTPs: Mike Evans, Dan Calcagno, Ernie Flores, John Mestek, Alex Canada, and Steve Haakenson

UPCOMING TOURNAMENTS

- May 13 - Alister Mackenzie - \$42 - Stroke Play
- May 20 - Micke Grove - \$61 - 4 Person Scramble
- June 17 - Antelope Greens - \$32 - 5 Clubs Stroke Play
- June 24 - Bartley Cavanaugh - \$38 - 1st Rnd Club Championship - Stroke Play

NOTE FROM TERRY: *Due to upcoming travel I will be releasing June, July and Augusts tournament signups first week of May.*

APRIL RESULTS

Bing Maloney (April 1) - Stroke play
It was a beautiful Spring day at Bing Maloney, we had 20 golfers playing in an individual format and you could not have asked for better conditions especially when the weather is again changing in a few days (more rain). Nine golfers were lucky enough to place in the money. First Place, Second Place, Third Place, Fourth Place

1st Flight: Bob Baker, Jim Svobodny, Mark Machado

2nd Flight: Conrad Cookman, Alex Canada, Terry Block, Bill Mullen

3rd Flight: Fred Smith, William Brendt

Teal Bend (4/8) - 2 Person Net Stableford
Great day to play golf; weather was great and Teal course conditions were perfect. We had 12 twosomes playing a Stableford format and great golf was played as evidenced by the scores.

First Place Team, Second Place Team

1st Flight: Mark Machado & Dan Nelson, Rick Hom & Bob Baker

2nd Flight: Terry Block & Espinoza, Pat Quinn & Richard Stratton

3rd Flight: Fred Smith & John Popadak



BOWLING NEWS

Our SIR Branch 69 bowling league concluded its season the second week in April. For the entire year, the battle for the overall league championship was close—many of our 10 teams were in contention for the title. The end of the season kept right on going in that direction.

Joe Bowers' team Whatever (Emory Haworth, Jimmy Buckley, Mas Miyagi and Joe) narrowly won the second half title in a match with Lucky Strikes (Tom Page, Frank Adams, Tim Salada and Steve Eason) in a contest that went right down to the last few balls by the very last bowler. That put Whatever against the winner of the first half of the season, the Pin Pushers (Neal McCoy, Bernie Moreno, Wing Tse and Alex Canada). Once again, it was close until the very end. The teams split the first two games and battled until late in the last game until the Pin Pushers pulled away to claim the league title.



The Pin Pushers

Alex Canada, Neal McCoy, Bernie Moreno, and Wing Tse with Bowling Chairman Tom Page (second from left).

Congratulations to the Pin Pushers for their league title and also to team Whatever for their spirited battle. After the championship bowling finished, we adjourned to the upstairs meeting at Country Club Lanes to pass out over \$6,000 in prize money. Here are just a few of the notable awards in the league: Jim Smalling was once again the high average bowler in the league with an average of 202. Dwight Zook claimed the title for Most-Improved bowler by raising his average from 155 last year to 167 this year. Also, George Langford bowled the high handicap game for the year with a rousing 327 game.

Changes are coming to our bowling program. Ever since we moved to Country Club Lanes perhaps 10 years ago, we have bowled at 11am on Wednesdays. That time slot let our bowlers from distant locations miss the morning traffic early on and get home before the afternoon commute buildup got too heavy. With the recent closing of Land Park Bowl, Country Club Lanes and has added more leagues and recreation usage. As a result of this increased pressure for bowling times, Country Club has announced that, starting next year, leagues will have to start at either 9:30am or 12:30pm. Our league has chosen the 12:30 time slot, although it's possible that we can actually start at 12 noon.

In June, I will start contacting our current bowlers and other members who have expressed an interest in bowling so that we can prepare for the 2024-2025 bowling season. I should point out that a couple of our bowlers are in their nineties, quite a large number are in their eighties (including two members of the first and second place teams this year), all of which shows that bowling in a sport that participants can enjoy well into their later years.



Other bowling information:

If you want to practice bowl, identify yourself as a SIR league bowler at the front desk at Country Club Lanes and you can bowl for \$.25/game. I had thought that evenings and weekends were excluded, but several guys have told me that they practiced then at the same low rate. Also, if you still have some of those old free bowling coupons from making splits, Country Club Lanes will continue to honor them.

Stay healthy, stay active,

Tom Page, League Secretary
916-488-6465



BRANCH ACTIVITIES

ACTIVITIES CHAIRMAN

DINE-OUT

On Tuesday, April 23rd, we all gathered at Lucille's for a fantastic smokehouse barbecue! Everyone who was there was so happy to enjoy such delicious food. We missed having you there and we're sorry you couldn't make it. We'd like to invite you to join us on May 21st for another great MEAL.



NEXT DINE-OUT: Join us for a delightful dinner experience at Vince's Ristorante!

You are cordially invited to a mouth-watering dinner experience at Vince's Ristorante on May 21st at 6:00 PM. This is an excellent opportunity to spend quality time with your SIR friends, bring a guest, and make new connections.

Vince's Ristorante is located at 840 Harbor Boulevard in West Sacramento and is known for its old-world Italian entrees, pizza, chicken, seafood, and steaks. Their daily and nightly specials are also worth trying. You will be amazed at the variety of bottled and draft beers and their extensive wine list.

Don't miss out on this chance to relish some delicious food in great company. Please RSVP to PBS Mark Steffens by calling or texting 916-214-8650 or emailing steffens.mark@gmail.com

We look forward to seeing you there!

Mark Steffens, Activities Chairman



PICNIC TIME IS COMING! CARMICHAEL PARK PICNIC SHELTER WEDNESDAY, JUNE 19 10:00 am to 2:00 pm



Bring re-gifts to Little Sir at
May and June meetings.

Cost: Adults \$10, kids 12 and under \$5.

Pay Hal Copperberg at the meetings

Jerry Schroeder, Picnic Chairman
(916) 801-2530
Jerry.s2arch@gmail.com



CARD CLUB

The Card Club will meet May 1st and 15th this month at the Country Club Bowling alley in the back room. Remember it starts at 2:00 pm. Bring your friends and come play Cribbage with us. Maybe we will do monster Cribbage this month.



See you there and bring your friends.

Dan Nelson, Cards Chairman
(916) 895-5673



BRANCH ACTIVITIES

(Continued)



WINE TASTING

Greetings fellow Wine Enthusiasts!

On a beautiful Friday afternoon, April 19, 2024, a group of four SIRs and wives attended a private "Tasting with the Winemaker" event. The event was held at the Di Arie Vineyard and Winery in Plymouth, CA.



The group was hosted by winemaker/proprietor Chaim Gur-Arieh and his lovely wife, Elisheva at their tasting room. Chaim is 90-years young this year!



See the complete report on this event on Page 9.

Dennis Kramer
wischixen1@aol.com
(530) 312-3896



BASEBALL DAY

On Sunday May 19th the Sacramento River Cats, a San Francisco Giants Minor league affiliate, will be hosting The Oklahoma City Dodgers, a Los Angeles Dodgers Minor league affiliate at 1:05 PM at Sutter Health Ballpark in West Sacramento (formerly known as Raley Field).

My recommendation is that we sit in what is known as the Senate seating area as this would appear to provide us with the best overall view of the playing field, and the tickets are mid-range priced at \$38.00 each. We would need a minimum of 20 participants and all family members are welcome. I am making arraignments for a tour of the facility which can take place hopefully the week before we go to the game. A seating chart can be viewed at www.rivercats.com. We have 14 signups for this event, and still need 6 more to make the minimum. I will forward the information to the other branches in the area inviting them as well. Should you have any questions my email is wischixen1@aol.com and my phone is (530)-312- 3896.

Dennis Kramer
River Cats Chairman



INVESTMENT GROUP

The investment group meets (via ZOOM) on the 4th Wednesday of the month. The next meeting will be on May 22. Information and materials will be sent out a few days before the meeting. Please contact Joe Cain for more information.

Joe Cain, Investment Group Chairman
(530) 219-3709
jl Cain45@yahoo.com



April Wine Tasting Adventure - Di Arie's Winery

To understand Di Arie's wines, you need some history of the winemaker. Chaim was an inventor and new food product developer, who spent 35 years preparing himself for the role of winemaker at Di Arie Vineyard & Winery. Born in Istanbul, Turkey, he immigrated to Israel as a teenager. After completing his military service as an officer in a tank division, Chaim studied at the Technion, Israel Institute of Technology and received his Bachelor of Science degree in Chemical Engineering. Soon after, he moved to the United States to continue his education at the University of Illinois where he earned a Masters and a Ph.D. in Food Science with minors in Biochemistry and Chemical Engineering. Chaim then joined Quaker Oats where he co-developed the breakfast Cereal Cap'n Crunch. Then, he moved to California to become Director of New Products at Del Monte Corporation where he created an array of new products including "Pudding Cups", "Gel Cups", "Yogurt Cups", etc. In 1974 Chaim married Elisheva and founded Food Development Corporation, where he developed numerous new products including Hidden Valley Ranch Salad Dressing, Power Bars and Wine Coolers. In 1980, Chaim merged Food Development Corporation with California Brands Flavors, his newly created flavor company. Over the next 18 years Chaim transformed California Brands Flavors into a major West Coast flavor company. In 1998, Chaim and Elisheva sold their flavor company and went on to pursue their life-long dream of creating world class wines. Chaim's wines are highly extracted, soft and elegant – a perfect match to fine cuisine.

After this illustrious career, Chaim was eager for creative liberation from the food industry, so he & Elisheva, his wife/business partner purchased a 209-acre parcel of land between the south and middle forks of the Consumnes River in the Shenandoah Valley of the Sierra Foothills. They planted 42 acres of rolling vineyards. His vineyards are planted with Zinfandel, Primitivo, Syrah, Petit Sirah, Barbera, Sauvignon Blanc, Cabernet Sauvignon, Cabernet Franc, Tempranillo, Grenache, and Touriga Nacional grapes.

Excellence in winemaking must start with a steadfast dedication to keeping meticulous and sustainable viticulture practices in order to source the finest fruit and make a positive impact on the surroundings. They maintain soil health by composting the pressed grape seeds and skins after fermentation and recycle them back into the soil to enrich it with nitrogen and minerals. Furthermore, their vineyard practices fish and waterways protection with certified "Fish Friendly Farming."

Water conservation is a priority. They water the grapes with a fresh drought-resistant water supply from our 600-foot deep well that taps into a pure mineral rich source of water without impacting the water table or our community. A drip irrigation system is used to conserve water and have implemented an innovative system that uses sensors to monitor the irrigation system for leaks.

Before we started with the tasting session, we were invited to partake in a salami, cheese, crackers, bread and olive oil grown on their estate. Then, Chaim presented us with four different varietals to taste each part of his GST red blend: Grenache, Syrah, Tempranillo, and Touriga Nacional. Each of these wines is comprised of one main source of grapes. As we moved from wine to wine, he explained where the varietal originated from and the unique characteristics of each varietal.

We then moved to tasting with blended wine (GST). One interesting fact, when you look at the wine labels, they contain the percentage of each type of varietal in the blends. For example: 30 percent Grenache, 25 percent Syrah, 25 percent Tempranillo, and 20 percent Touriga Nacional.

Chaim proceeded with taking the percentages from each single varietal bottle that we sampled, to make his blended GST. He carefully measured each wine, swirled, then provided us with a sample.

We always learn something new from these sessions and our host is always gracious and informative. After the session ended, several couples purchased a bottle of wine to enjoy with their own picnic lunch on their patio.

To learn more about Di Arie Winery and Vineyards or if you want to visit this special winery, visit <https://www.cgdiarie.com>.

BRANCH 69 CALANDER OF EVENTS AND ACTIVIES FOR MAY

- May 1 - Cards - Cribbage
- May 2 - Golf- Wildhawk
- May 9 - Branch Executive Committee (BEC) Meeting
- May 9 - General Branch Meeting and Luncheon
- May 13 - Golf - Alister Mackenzie
- May 15 - Cards - Cribbage
- May 16 - Golf - Turkey Creek
- May 19 - Baseball Day - Rivercats
- May 20 - Golf - Micke Grove
- May 21 - Dine-out - Vince's Ristorante
- May 22 - Investment Group Zoom Meeting
- May 23 - Golf - Ancil Hoffman
- And coming up in June on the 19th - Annual Picnic

2024 ROSTER CORRECTIONS

Les Kurtz's correct email address is: grumpales@comcast.net

Please send Roster Corrections to my personal Email account Alan_Weinel@ATT.Net with subject "Roster Correction"

Be sure to add the new members to your copy of the roster.

PBS Alan Weinel, Roster Chairman
(209) 843-1804
Alan_weinel@att.net



THINGS TO PONDER

Which letter in the word "scent" is silent? The "s" or the "c"?

If a poison is past its expiration date, is it more poisonous or no longer poisonous?

The word "swims" upside down is still "swims".

2024 Officers

BIG SIR	CONNOR CHIN	(916) 601-1854
LITTLE SIR	LIEUTENANT COOPWOOD	(916) 206-2732
SECRETARY	BERNIE MORENO	(209) 245-6313
ASST SECRETARY	ROBERT SCHRUMPF	(916) 897-7114
TREASURER	HAL COPPERBERG	(916) 722-2606
ASST TREASURER	JIM SPRIFKE	(209) 200-2107

Directors

PBS ALAN WEINEL	(209) 843-1804	JOHN POPADAK	(916) 662-0695
BLAKE THOMSON	(916) 922-5227	RON PETERS	(916) 847-7196
PBS TED PATTERSON	(916) 607-3050	PBS PAUL SICKERT	(916) 396-6230

State Officers

STATE PRESIDENT:	DALE DECKER
AREA 4 REPRESENTATIVE:	JACK REEFER

Recruitment, Activities, Member Relations & Publicity (RAMP)

RECRUITING/PUBLICITY/BIO	PBS TOM PAGE	(916) 488-6465
ACTIVITIES	PBS MARK STEFFENS	(916) 214-8650
MEMBERSHIP	JOHN POPADAK	(916) 662-0695

Committee Chairs

Program	Lieutenant Coopwood	(916) 206-2732
Newsletter	John Popadak	(916) 662-0695
Chaplain	James Aylett	(650) 240-6019
Roster	PBS Alan Weinel	(209) 843-1804
Audit	George Langford	(650) 823-5493
Nominating	PBS Alan Weinel	(209) 843-1804
Attendance	Mark Kraut	(916) 929-3494
Orientation	John Popadak	(916) 662-0695
Information	John Popadak	(916) 662-0695
Sunshine	James Aylett	(650) 240-6019
Web Site	Ross Martin	(916) 427-0559
Picnic	PBS Jerry Schroeder	(916) 801-2530
Activities	PBS Mark Steffens	(916) 214-8650

Honored Members

HONORARY LIFE MEMBERS

- PBS TOM PAGE
- PBS JIM PORTERFIELD
- PRD WARREN SENEGAL
- PBS LENNIE SILVA
- PBS RON HUTCHESON

DISTINGUISHED SERVICE AWARDS

- PBS PAT QUINN

SENIOR CERTIFICATES

- PBS WARREN SENEGAL
- SIR KEN TOWNS
- SIR VERNON FREEMAN
- SIR HEMAN SMITH
- SIR CHARLES DANT
- PBS ARNIE KELLER

SPECIFIC ACTIVITIES CHAIRMEN

Golf (RC)	Rick Hom	(916) 395-7433
Golf (PGC)	Terry Block	(916) 686-0797
Bowling	PBS Tom Page	(916) 488-6465
Book Club	PBS Alan Weinel	(209) 843-1804
Cribbage	Dan Nelson	(916) 895-5673
Dine-Out	PBS Mark Steffens	(916) 214-8650
Investmnt Gp	Joe Cain	(916) 219-3709
Pickleball	Terry Block	(916) 686-0797
Picnic	PBS Jerry Schroeder	(916) 801-2530
Ping Pong	Robert Schrumph	(916) 897-7114
River Cats	Dennis Kramer	(530) 312-3896
Wine Tasting	Dennis Kramer	(530) 312-3896
WALKING	PBS Mark Steffens	(916) 214-8650

Branch Apprl <https://sirinc.org/apparel-and-signage>

Check out the State SIR newsletter "Happenings" for information about statewide SIR activities and other branches by clicking on the Rooster at the right.



NON-RESPONSIBILITY DECLARATION: ALL ACTIVITIES arranged or sponsored by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of its members and their guests who desire to participate. Sons In Retirement Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining in to said activities.

Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date, and giving a valid reason, or did not attend one half of the regular luncheon meetings within the previous twelve consecutive month period. may be notified, by letter, of the pending termination of his membership in SIR. (Rule 60, 100 & 107).



Sacramento Rivercats vs Oklahoma City Dodgers

Sunday, May 19, 2024

1:05 PM Start

Sutter Health Ballpark in West Sacramento

\$38 per person—members/family

(A minimum of 20 tickets must be sold for this price)

Seating in “Senate” section

RSVP: Dennis Kramer, (530) 312-3896

