



# THE MAIL POUCH



Website: [branch69.org](http://branch69.org)

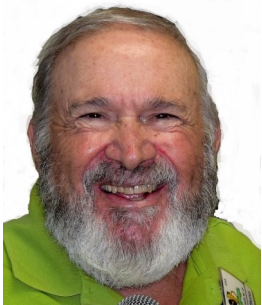
Facebook: Pony Express SIR Branch 69



The Pony Express Branch #69  
September - 2022 Edition



John Popadak, Editor



## Message from Mark

**By the time you read this** September well on the way! This month Lunch will be on Thursday September 8<sup>th</sup>. Next month lunch will be on a **Tuesday ( October 11<sup>th</sup>) and not Thursday** . The Dante club has had that date reserved for over

two years with another event. The BEC has agreed to change the date of luncheon to the Tuesday, October 11<sup>th</sup> {October only one time change}. So please change your calendar to October 11th.

**Dine-Out** We gathered on August 17th at Lucile's Smokehouse barbecue. Thirty friends enjoyed a scrumptious meals and alcoholic beverages! Septembers DINE-Out is at SAMMY'S BAR AND RESTAURANT in Stones Gambling Hall on September 20<sup>th</sup> at 6:00 PM. (<https://www.stonesgamblinghall.com/dining/>)

**GOLF-OUT MIXED GOLF OUTINGS:** (Members, Couples, and Guest) if you're interested in participating in this brand-new club activity, please give me a call. The group will gather just to go out and have fun and play a round of golf. Another SIR member needs to Co-Chair. AGAIN, let me know if you're interested in participating in **GOLF - OUT** and I will share with Donna Costello so we can begin in September! **Will not interfere with Monday golf, Wednesday bowling or Thursday golf.**

**WALKING/HIKING:** we are currently in need of a new Chair to set up Walking or Hiking areas. If you're willing to step up for this fun activity, please give me a call!

**WREATHS ACROSS AMERICA:** December 17th I will be placing wreaths at a Veteran's Cemetery. This is volunteer activity. Please view the website at (<https://www.wreathscrossamerica.org/>) & the YouTube video at ([https://youtu.be/5\\_-EW6a\\_VAs](https://youtu.be/5_-EW6a_VAs)). If you are interested, please contact me, and let me know so I can register for Pony Express SIR Branch 69 to participate.

The 9 Best Golf Balls For Distance: Longest Golf Balls: [The 9 Best Golf Balls For Distance: Longest Golf Balls \(golfguidebook.com\)](http://golfguidebook.com)

Forgot the luncheon's speaker details? Want to read back issues of the Mail Pouch? Get all of this and more on our Web Site at <http://branch69.org>.

**Mark Steffens, Big Sir**

## At Lucille's Smokehouse BBQ



Check out the State SIR newsletter "Happenings" for information about statewide SIR activities and other branches by clicking on the Rooster at the right.





### Alan's Chit-Chat

September is here. ANOTHER summer shot in the pants. They seem to just fly by. Remember when we were kids and summer seemed to stretch FOREVER? Like many, OUR rule was to come in when the streetlights went on. Otherwise, we were free to for the day. Sometimes buddies and I went camping for several days. What a life. Sigh....

This month we will have Betty Vosters-Kemp presenting. She has presented to several other SIR groups and comes highly recommended. She is an audiologist and will discuss the many ways that untreated hearing loss impacts our lives. Michele and I used to go camping with a group, and one guy, Bill, OBVIOUSLY had profound hearing loss. He couldn't engage in any conversation. He would just smile and nod.

September also brings us to the new bowling season. It will be nice to get back to the lanes and visit with friends. Thanks to Tom Page for all of his work putting the teams together. I hope his "Ouija Board" smiled on OUR team. I am SURE that \*\*this time\*\* our team will be in the running.

Lastly, please see the end of this newsletter for the flyer about the December Ladies holiday luncheon. **PLEASE note that the due date for reservations is FIRM.** I have to give the Dante Club final numbers by November 24<sup>th</sup>. And, even if you do not have a spouse/significant other, PLEASE consider attending. We would really like to have a full turn out!

See you all at the September luncheon.

***Alan Weinel, Little SIR***

I know you have been lying awake at night wondering why baby diapers have brand names such as "Luvs", "Huggies", and "Pampers", while undergarments for old people are called "Depends". Well here is the low down on the whole thing. When babies soil their pants, people are still gonna Luv'em, Hug'em and Pamper' em. When old people soil their pants, it "Depends" on who's in the will!

Glad I got that straightened out so you can rest your mind.



Alan Weinel presents John Wagner with a Certificate of Appreciation and bottle of wine. John was the presenter at the August meeting. He gave a talk on the Battle of Guadalcanal, in which his father was a participant.

## DOING MY PART



Big SIR Mark Steffens awards a "SIR I'm Doing My Part" pin to Joe Bowers, Jim Huffman, and Jerry Schroeder for their outstanding work in putting on Branch 69's SIR Day in the Park picnic. Joe and Jim were the Chefs du Jure and Jerry was the overall organizer.





## September Birthdays

Brooks, Larry	09/04	
Lieutenant Coopwood	09/05	
John Popadak	09/09	
<b>Jim Porterfield</b>	<b>09/09</b>	<b>82 Years</b>
<b>Don Neufeld</b>	<b>09/14</b>	<b>81 Years</b>
Patrick Fintel	09/15	
<b>Steve Brandenburger</b>	<b>09/18</b>	<b>81 Years</b>
<b>Arnie Keller</b>	<b>09/18</b>	<b>89 Years</b>
Larry McLeod	09/20	
Eddie Caviel	09/25	
Jim Smalling	09/25	
<b>Bob Turner</b>	<b>09/25</b>	<b>84 Years</b>
Bill Rhoe	09/30	



## September Anniversaries

Mike and Rosanna Evans	09/03	
<b>Dave and Judy Yorston</b>	<b>09/05</b>	<b>57 Years</b>
<b>Ritchie and Glenda Carlson</b>	<b>09/10</b>	<b>60 Years</b>
Jimmy and Velma Buckley	09/12	
<b>Otis and Willa Benning</b>	<b>09/21</b>	<b>60 Years</b>
<b>Tom and Donna Costello</b>	<b>09/29</b>	<b>60 Years</b>

## CONGRATULATIONS!

Special congratulations to the following couples on their 60th wedding anniversary:

Ritchie and Glenda Carlson  
 Otis and Willa Benning  
 Tom and Donna Costello



# Senior Certificate Recipients



Mark presents Warren Senegal (90 years old) and Heman Smith (93 years old) with Senior Certificates.

**GOLF NEWS**

**Rick Hom—Regular Course**



### UPCOMING TOURNAMENTS

September 1st - Ancil Hoffman GC, 2 Player Team Blind Draw format (one higher & one lower handicap player). \$35.

September 22nd - Mather GC, 4 Player Team Shamble format. Application and fees due by 9/12. \$34.

October 6th - Bartley Cavanaugh GC, stroke play. Application and fees due by 9/26. \$34.

October 20th - Wildhawk GC, stroke play. Application and fees due by 10/10. \$35. (Last chance to score points toward Player of the Year or to win season-long Ace Pot)

September is Team Play Month and will be a lot of fun! We have two tournaments:

First up is Ancil Hoffman which will be a Two Person Blind Draw (High/Low) format. Not familiar with this format? Here's how it works:

Pairings will consist of one higher handicap and one lower handicap player. Each pairing will be made by random drawings from two pots, one with the names of higher handicap participants, the other drawing from lower handicap participants.

Players will not know the identity of their paired partner at tee time or during play, their partner could be in any of the tournament foursomes. Foursomes will be made as usual and each player can choose the tees that they want to play from.

The pairings will be disclosed on a sheet located in the SIRS box in the clubhouse at the end of the tournament. Results will be calculated using the respective handicaps of each pairing for the tees that each player chose. Awards will be given for 1st, 2nd and 3rd place Low Net.

Our second tournament will be at Mather GC, a Four Person Shamble format. You can choose your team (write the names of your team players somewhere on the front or back of the sign-up sheet) or if you wish, I can place you on a team.

### AUGUST RESULTS

#### Turkey Creek (8/4):

1st Flight (Low Gross, Low Net, 2nd Low Net, 3rd Low Net) - Pat Quinn, Tom Page, Jerry Buhlert, Jim Oblizalo

2nd Flight - Tom Costello, Glen Halvorsen, Jack Osborne, Jim Svobodny

3rd Flight - Sandy Davis, Rod Lukins, Bill Mullen, Fred Smith

CTPs - Jerry Buhlert, Jim Oblizalo, Mike Evans, Gary Lukins, Sandy Davis

#### Teal Bend (8/18)

1st Flight - Jim Oblizalo, Rick Hom, Alex Canada, Tom Page

2nd Flight - Jack Osborne, Glen Halvorsen, Pat Barrett, Terry Block

3rd Flight - Bill Mullen, Jerry Schroeder, Rod Lukins, John Popadak

CTPs - Jerry Buhler, Mark Machado, Dan Nelson, Rex Bowling, Tom Knoble



Alex Canada and Rick Hom

**Congratulations to Alex Canada** for making a HOLE-IN-ONE on the 5th hole at Bartley Cavanaugh! He did this during the second round of the Club Championship on June 30.





## BOWLING NEWS

**We're bowling!** Our league season started August 31, so we are now underway for about eight months of league play. My goal every year is to divide the bowlers into teams that each have an even chance to win the league championship—months from now, we'll see how I did. Good luck to all our bowlers.

Our league bowling is held every Wednesday at 11:00am at Country Club Lanes, the corner of Watt & El Camino. Spectators are always welcome—who knows, you might even get an urge to join in on the fun.

### Other bowling information:

If you want to practice bowl anytime during the weekdays, identify yourself as a SIR league bowler at the front desk at Country Club Lanes and you can bowl for \$.25/game. Also, if you still have some of those old free bowling coupons from making splits, Country Club Lanes will continue to honor them.

The State SIR Bowling Committee has several upcoming SIR tournaments on their calendar. Go to the State SIR Bowling website to view the calendar; the entry forms are also on the site.

See you soon at Country Club Lanes.

Stay safe and stay healthy,

**Tom Page, League Secretary**  
**916-488-6465**



# CONGRATULATIONS!



**Congratulations to Joe Bowers,** who received the Silver Medal (second place) in the bowling competition at the Fire and Police World Games held in Rotterdam, Netherlands! He averaged 189.5 pins for the 15 rounds bowled.



## GOLF NEWS - Continued

**Greg Schweitzer—Progressive Golf Club**



### UPCOMING TOURNAMENTS

September 12 - Davis Muni - Stroke Play - White Tees

September 19 - Bartley Cavanaugh - Stroke Play - Black Tees

October 3 - Wildhorse - 4-Man 2 Best Ball Shamble

October 17 - Allister Mackenzie - Stroke Play - 2 Oaks

### AUGUST RESULTS

Bing Maloney (8/1) (4 Man Shamble)

1st Place Team: Pat Quinn, Bud Rogers, Ross Martin, and Hal Copperberg.

2nd Place Team: Rick Hom, Fred Smith, Earl Hansen, Lieutenant Coopwood.

Antelope Greens (8/15) (4-Club Tournament)

1st Flight (Low Gross, Low Net, 2nd Low Net) - Jim Oblizalo, Mark Machado, and Rick Hom.

2nd Flight - Terry Block, Tom Costello, and Joe Bowers.

3rd Flight - Bud Rogers, Marty Miller, and Bill Mullen.

4th Flight - Orville Noel, John Popadak, and Greg Schweitzer



# Certificate of Appreciation



Lennie Silva is awarded a Certificate of Appreciation by Rick Hom and Mark Steffens. Lennie has presided over the Branch 69 Golf Club for 25 years. Rick, as part of the newly formed Golf Committee, will be taking over as Tournament Director.

## NCGA NEWS

The NCGA offers a Multi-Member Rebate Program for members who belong to more than one club. Multi-Club members will be able to apply for their rebate by logging into the NCGA website's Member Area and choosing:

- \$25 Poppy Hills or Poppy Ridge coupon
- \$15 donation to Youth on Course
- \$15 check

This rebate is contingent on your club membership dues being paid and your membership being ACTIVE.



**Jim Huffman**  
NCGA Ambassador



## WINE TASTING



On Wednesday August 24, 2022, at 2:00 PM a gathering of SIR members and spouses descended on the Bogle Winery in Clarksburg for a private tasting experience. Members were greeted in the Tasting room with a glass of Rose Sparkling wine (made of entirely Pinot Noir grapes) and led upstairs to a private room set up just for our group.

The table was set for our group and was accompanied by a "Flight" menu complete with a personal greeting which read "Welcome Sons in Retirement". Participants chose from either pre-selected Flights or in some cases selected their own 5 wines. Snacks were also placed on the table at this time. The group included a few Wives and the conversation at the table never lagged. I personally enjoyed interaction with members I had met before and even one I was just meeting.

Kitty and I are definitely looking forward to our next outing and will keep you informed.



**Dennis Kramer**  
Wine Aficionado



**September 8th Luncheon Menu**

Dante House Salad,  
Barbeque Pulled Pork, Smoked Cheddar Mac & Cheese, Herb Roasted Zucchini & Squash, Homemade Cheddar Cornbread, and Chef's Choice Dessert

WINE TASTING FOR BEGINNERS

I'M GETTING A WET NOSE      I LOVE THE AMOUNT      I COULD TELL IT WAS IN MY MOUTH



## RECRUITING AND PUBLICITY

I finally had a little success in my efforts to increase our branch recruiting efforts. I spoke with the manager at Bing Maloney about letting us put one of our advertising signs on their display boards. He was perfectly willing to have us do this and offered to have his staff put up the sign. I haven't been back yet to see if the sign is displayed, but I will do this soon.

Jerry Schroeder and I are putting our heads together to come up with some new signs that we hope will be posted at other local golf courses. I'm continuing to work with our new Golf Committee to see if we can bundle our tournament commitments at golf courses with advertising for our branch. I think this could have real potential.

I'm working on another idea for increasing our outreach program. I have been talking with the manager of a local park district to see if we can partner with them and have our branch listed as a senior activity for their district. This would open up a lot of advertising potential in their publications and online display. The manager sounded very optimistic over this idea, so we'll see how it turns out.

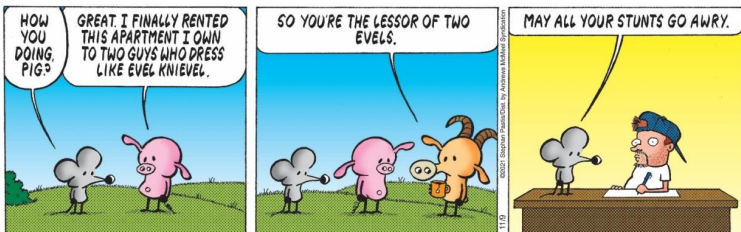
Keep working on your buddies who might be interested in our various activities. Each Branch 69 member should give some thought to friends, golfing and bowling buddies who might have an interest in our branch. We know how much fun our golf and bowling programs are, not to mention new activities, such as dinner outings, walking group and card playing—we have to share this information with prospective members.

I'm looking forward to seeing all of you at the next luncheon.

**Tom Page Recruiting & Publicity Director**



PEARLS BEFORE SWINE STEPHAN PASTIS



A minister decided that a visual demonstration would add emphasis to his Sunday sermon.

Four worms were placed into four separate jars. The first worm was put into a container of alcohol. The second worm was put into a container of cigarette smoke. The third worm was put into a container of chocolate syrup. The fourth worm was put into a container of good clean soil.

At the conclusion of the sermon, the Minister reported the following results:

The first worm in alcohol - Dead.

The second worm in cigarette smoke - Dead

Third worm in chocolate syrup - Dead

Fourth worm in good clean soil - **Alive.**

So the Minister asked the congregation - What can you learn from this demonstration?

Maxine was setting in the back, quickly raised her hand and said,

"As long as you drink, smoke and eat chocolate, you won't have worms!"

That pretty much ended the service --?



## CARD CLUB

We meet 1st and 3rd Wednesday of the each month. That would be Sept. 7th and Sept. 21st this month at 2:00 pm.

If you would like to play another kind of card game, other than Cribbage, then please come and bring the cards you would like to play such as a deck for pinochle, a deck for canasta, or whatever you would like to play. We have people who will and can play other card games but it would be helpful if you could bring another player who wants to play your game as well.

Looking forward to seeing you all there.

**Dan Nelson, Card Game Facilitator  
916-895-5673**



## 2022 ROSTER REPAIRS

Arnie Keller has a new telephone number, it is (916) 897-09454. Also, his correct email address is keller-sandbager@gmail.com (only one "g" in dandbager).

Please send roster corrections to Alan's personal Email account Alan\_Weinel@ATT.Net with subject "Roster Correction". Don't forget to update your rosters with new members.

**Alan Weinel, Roster Chairman**



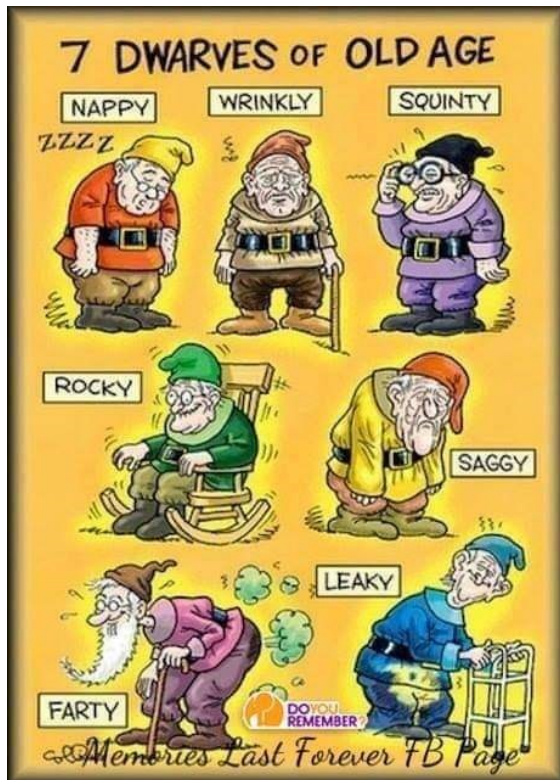
## SUNSHINE



Dick Borah is suffering from kidney failure. He is at home and he has lost a lot of weight and strength. He will have more tests in the near future to identify exactly what the problem is and determine what treatment is appropriate.

If you know of any of our members or immediate family with health problems give me a call at (916) 206-2732, or Big SIR Mark Steffens.

**Lieutenant Coopwood,  
Sunshine Chairman  
ltcoopjr@gmail.com**



### 2022 Officers

BIG SIR	MARK STEFFENS	(916) 214-8650
LITTLE SIR	ALAN WEINEL	(209) 843-1804
SECRETARY	JIM HUFFMAN	(916) 468-8197
ASST SECRETARY	BERNIE MORENO	(209) 245-6313
TREASURER	HAL COPPERBERG	(916) 722-2606
ASST TREASURER	CONNOR CHIN	(916) 601-1854

### Directors

PBS PAUL SICKERT	(916) 396-6230	STEVE BRANDENBURGER	(916) 765-0585
BUD ROGERS	(916) 991-2611	JIM OBLIZALO	(916) 747-8172
PBS TED PATTERSON	(916) 607-3050	JOHN POPADAK	(916) 662-0695

### State Officers

STATE PRESIDENT:	RICK KINDLE
REGION 1 DIRECTOR:	HUGH THOMPSON
AREA 4 GOVERNOR:	JACK REEFER

### Recruitment, Activities, Member Relations & Publicity (RAMP)

RECRUITING/PUBLICITY/BIO	PBS TOM PAGE	(916) 488-6465
ACTIVITIES	PBS JERRY SCHROEDER	(916) 801-2530
MEMBERSHIP	JOHN POPADAK	(916) 662-0695

### Committee Chairs

Programs	Alan Weinel	(209) 843-1804
Newsletter	John Popadak	(916) 662-0695
Chaplain	Lieutenant Coopwood	(916) 206-2732
Roster	Alan Weinel	(209) 843-1804
Golf (RC)	Rick Hom	(916) 395-7433
Golf (PGC)	Greg Schweitzer	(916) 687-8629
NCGA Ambas	Jim Huffman	(916) 468-8197
Bowling	PBS Tom Page	(916) 488-6465
Audit	Bob Sanchez	(916) 996-7342
Nominating	Paul Sickert	(916) 396-6230
Attendance	Allen Riker	(916) 873-3779
Lunch Recptn	Mark Kraut	(916) 929-3494
Orientation	Steve Goodman	(916) 521-6546
Meeting Rev	John Popadak	(916) 662-0695
Sunshine	Lieutenant Coopwood	(916) 206-2732
Web Site	Ross Martin	(916) 427-0559
Book Club	Steve Brandenburg	(916) 765-0585
RAMP	Jerry Schroeder	(916) 801-2530
Information	John Popadak	(916) 662-0695
Cards	Dan Nelson	(916) 895-5673
Walking	Paul Sickert	(916) 396-6230
Wine Tasting	Dennis Kramer	(530) 312-3896
Branch Apprl	<a href="https://sirinc.org/apparel-and-signage">https://sirinc.org/apparel-and-signage</a>	

### Honored Members

#### HONORARY LIFE MEMBERS

PBS RON HUTCHESON  
PBS TOM PAGE  
PBS JIM PORTERFIELD  
PRD WARREN SENEGAL  
PBS LENNIE SILVA

#### SENIOR CERTIFICATES

SIR JIM PAGE  
SIR KEN TOWNS  
SIR VERNON FREEMAN  
SIR HEMAN SMITH  
SIR LLOYD PLANK  
SIR CHARLES DANT

A doctor examining a woman who had been rushed to the Emergency Room, took the husband aside and said, "I don't like the looks of your wife at all."

"Me neither, doc," said the husband. "But she's a great cook and really good with the kids."

**NON-RESPONSIBILITY DECLARATION:** ALL ACTIVITIES arranged or sponsored by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of its members and their guests who desire to participate. Sons In Retirement Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining in to said activities.

Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date, and giving a valid reason, or did not attend one half of the regular luncheon meetings within the previous twelve consecutive month period. may be notified, by letter, of the pending termination of his membership in SIR. (Rule 60, 100 & 107).



# Annual Holiday Luncheon



Thursday, December 8, 2022  
The Dante Club, 2330 Fair Oaks Blvd.  
Sacramento, Ca.

11:00 Drinks and Conversation

12:00 Lunch

1:00 Dancing to the Band MRQ!

Soft music during lunch, Dancing afterward

- Seating: If you would like to be seated as a group, write on the back of this reservation sheet, otherwise open seating.
- Holiday Luncheon 2022 is open to all members of Branch 69. Wives and guests are encouraged, but not required. Guests such as Widows, Daughters or Friends are always welcome. *Single members are encouraged to attend.* **Dress: Dressy Casual.**
- Program will include members being recognized for significant accomplishments and events, such as a hole-in-one or significant bowling score. Branch activities recognition will also be featured.  
Special gifts and prizes will be provided to the ladies.
- Come be recognized and celebrate!

---

## Reservations:

- SIR Name \_\_\_\_\_
- Spouse/Guest(s) \_\_\_\_\_

## Lunch Menu:

### Quantity

- |   |       |   |                |
|---|-------|---|----------------|
| • Tri-Tip/w mushrooms<br>Served with Yukon Golden Mashed Potatoes | _____ | X | \$25 = \$_____ |
| • Pan Seared Salmon<br>Served with Rice Pilaf                     | _____ | X | \$25 = \$_____ |
| • Butternut Squash Ravioli  | _____ | X | \$25 = \$_____ |
|   | TOTAL | = | \$_____        |

\*Each meal is served with a Mixed Green Salad, rolls and butter and Cheesecake.  
Coffee and water will be served at table.

Prepay at October and November Luncheon or make checks payable to SIRS Branch 69, or send or give check to Treasurer, Hal Copperberg, 8015 Garry Oak Drive, Citrus Heights, CA 95610 – ***BY November 23.*** (We **must** give the Dante Club a final count by 11/24)