

Facebook: Pony Express SIR

THE MAIL POUGH



The Pony Express Branch #69
March — 2022 Edition





John Popadak, Editor



Message from Mark

Let me start by thanking our dedicated group of volunteer callers who did a fantastic job in for our luncheon attendance. You can make their job a lot easier by responding immediately or calling back and

let him know that you're coming or not. It's not fair that they need to keep trying to reach you. Remember they are volunteers. They need your help!

Again, I want to thank membership for the outstanding turnout we had (83 Lunch's) in February. The Salmon and our speaker from the FBI were terrific. Remember we must give exact count the Friday before the luncheon and if you do not come, we still pay for your lunch. Also, we have 80% who have paid dues for this year! Please help make it 100%

My guest for March is Area 4 Governor Jack Reefer.

Some exciting changes to our branch are:

BOOK SHARING Steve Brandenburger has taken on this activity. Please bring in your favorite books to share with other friends in the club.

CARD GAMES Dan Nelson is starting a pinochle or a cribbage group. If you are interested, please give Dan a call.

DINE - OUT We scheduled our first Dine - Out for the year at one of my favorite's, Vince's Restaurant in West Sacramento.

PICNIC DAY Jerry Schroeder has scheduled this at Carmichael Park for June 22nd. More information to follow as the day gets closer.

One of our goals this year is increasing membership. Therefore, we will be participating in a new program introduced by State SIR: the "I'm Doing My Part Program"

Members who bring a guest. or perform(ed) significant volunteering service will receive:

- Recognition at the branch luncheon.
- State initially supplied pins indicating that "I'm Doing My Part".

- •Recognition and a picture in our Newsletter.
- •Monthly recognition for any member who brings in a guest in 2022.
- Volunteer of the Month

AGAIN: Please look at the following Video to ensure we get a good start on this new "I'm Doing My Part Program":

What an SIR member can do to recruit new members. https://youtu.be/yi2jSeTjfkl.

Also "Doing My Part", Stu Williams and Ed Benson discuss how to recruit new members. https://youtu.be/Qgo3BcP4H7k

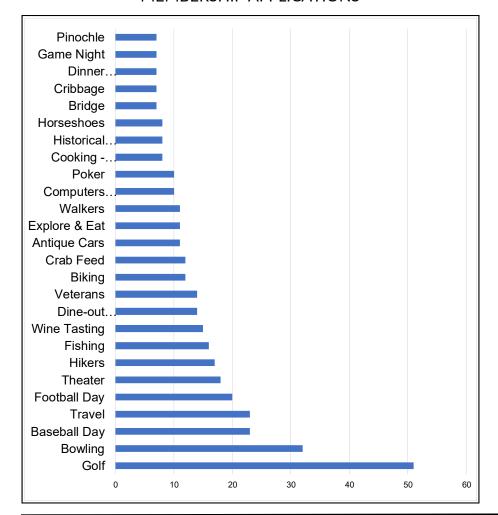
Also, to help increase membership this year, we are looking for other activities to start up in our branch. Membership Chair John Popadak has put together a graph for me to find out what the high interest areas are for our club! (See Graph on Page 2) We currently have Golf, Bowling, Card Games, Picnic Day, Dine-Out.

Finally, check out SIR Apparel and Signage (https://sirinc.org/apparel-and-signage). You will be amazed at what is available to our members (personalized Branch 69 shirts and jackets with your name FREE). The Pro-Shop Website can take individual orders. If your order is over \$50 it has free shipping. I will have my new shirt and hat by this meeting.

Mark Steffens, Big Sir



MEMBERSHIP INTERESTS ACCORDING TO MEMBERSHIP APPLICATIONS







One of our goals this year is to expand our membership by attracting friends and others, who do not golf or bowl, to participate in other activities. These other activities will also be an opportunity for our current members to get together more often.

Mark encourages you to look at this chart and see if you can find an area that you can help in organizing an activity.



Alan's Chit-Chat



Welcome to March! Spring has sprung!! Michele and I took a ride down towards the Modesto area last weekend with a couple of friends and wandered through the almond orchards. The trees all look so

beautiful! AND we had a nice lunch at a dive just west of Modesto. Those places are frequently the best! ALSO, don't forget to set your clocks forward on March 13th . Lastly, remember St. Paddy's day—when EVERYONE is Irish.

This month our speaker will be Norm Losk. Norm is with the AARP volunteer income tax preparation service and is in charge of all of the Sacramento County offices north of the American River. He will be explaining how the program works as well as some of the changes to the tax code you need to know when filing your 2021 Tax Return.

John Popadak went back through the forms we all filled out back when we joined, with our interests, and has a list of activities. When I reviewed the list, it appeared that there are a number of us who would be interested in Cards: Cribbage, Poker, Pinochle, Bridge and Gin Rummy. Dominoes were also listed as a preference by a number of guys. I will be working with Mark Steffens to sort out "what to do next." So, expect more information on additional activity opportunities headed your way!

And, as Tom Page constantly reminds us all, invite a friend to lunch—even if he doesn't want to immediately join, he can at least have a day out with other guys. As senior men, we need that.

See you at the March meeting and around the bowling alley ...

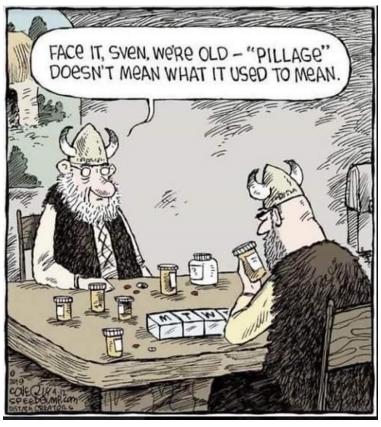
March Birthdays

Bill Mullen 3/3
Jose Fernandez 3/4 87 years old
Pat Berrett 3/5
Joseph Cain 3/5
Jimmy Buckley 3/14

Fred Smith 3/25 80 years old Lloyd Plank 3/28 95 years old

Brian Thurston 3/30







ME TOO, IT HAPPENED JUST THIS MORNING, I WALKED INTO A ROOM AND HAD NO IDEA WHY I WENT IN THERE,







March Anniversaries

Jose and Carol Fernandez 3/11 66 years Allen and Rhonda Riker 3/23 Vernon and Shyrlee 3/31 66 years



NOTICES AND REMINDERS

Check out the State SIR newsletter "Happenings" for information about statewide SIR activities and other branches by clicking on the Rooster at the right.





2022 ROSTER REPAIRS

Please send roster corrections to Alan's personal Email account Alan_Weinel@ATT.Net with subject "Roster Correction".

Alan Weinel, Roster Chairman



Your 2022 Golf Directors



Lennie Silva—Regular Course





Greg Schweitzer—Progressive Golf Club

MARCH GOLF

March 3 - Bing Maloney - Low Net - \$37

March 17 - Diamond Oaks - Low Net - \$50 (incl. cart)

March 41 - Wildhawk - 4 Man Best Ball



March 7 - Bartley Cavanaugh - Stroke Play - Black Tees

March 21 - Alister Mackenzie - 4 Man. 2 Best Ball



SIR State Golf Tournament

2022 SPRING FLING IN NAPA EAGLE VINES & CHARDONNAY GOLF COURSES

Tuesday April 19th (Eagle Vines) and Wednesday April 20th (Chardonnay)

Men Day 1 - 4-person team of your choice - 2 Best Ball (net) - 9AM Shotgun Start

Men Day 2 - 4-person team, SCRAMBLE, computer selected - 9AM Shotgun Start

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Closest to Pin Contests on each Day (Both Front & Back nines)

To enter, complete the attached application for you and any other playing partners and send it along with check(s) made payable to "SIR STATE GOLF COMMITTEE" for the full amount of the Entry Fee for each player. Fees are: Playing Both days is \$150, only playing Day 1 is \$85 or only playing Day 2 is \$65 Have questions, contact Mark Stuart at either (916) 218-2287 or at mss95678@hotmail.com ONLY THE APPLICATIONS RECEIVED WITH FULL PAYMENT WILL BE CONFIRMED AND ACCEPTED **** ENTRY DEADLINE IS MONDAY APRIL 11TH ***



TOURNAMENT AND APPLICATION CAN BE FOUND ON THE SIR STATE GOLF WEBSITE "WWW.SIRGOLF.ORG"

ADDITIONAL INFOR-MATION ABOUT THIS



Eagle Vines Golf Course, Napa

Chardonnay Golf Course, Napa



BOWLING NEWS

Our SIR Branch 69 & Friends bowling league continues to be a close fight for the 2nd half of the season. Several teams are close to the top of the standings, and the lead keeps changing every month!



Our bowlers have racked up some very impressive scores. Pat Barrett has high scratch game with 289, followed by Jim Smalling at 276 and Ted Patterson with 268. Jim Smalling tops the scratch series with 733, Steve Eason has a 722 and Pat Barrett recorded a 719. Three of our bowlers are tied with the top handicap game score of 299: Pat Barrett, Ted Patterson and Pete Pozzuto. Steve Eason recently bowled a 722 scratch series, which translated to a 824 handicap series, the best in our league this year. Jim Smalling follows with 794, while Jim Happs and Allen Riker are tied at 780.

SACRAMENTO SIR BOWLING TOURNAMENT

The big bowling news is the State SIR Bowling Tournament sponsored by our branch on February 17 & 18. Starting out with the planning for this event, the State SIR Bowling Council told me that we would have a good tournament if 60 or so bowlers signed up. In the end, our turnout was over 90 bowlers! A number of bowlers stopped by to thank me for having our branch host this event. It felt like everything went very well from start to finish. We were able to hold this tournament without any financial cost to our branch treasury, too.

A project of this size takes a major team effort. Chris Alvarez and Bobbi Nicholson from Country Club Lanes provided a huge amount of advice and support for the tournament. Ray DiBasilio from the State SIR Bowling Council is pretty much the SIR tournament expert; his help and experience made this event possible. Ray's wife, Cindi, helped out with the coffee and food supplies. In addition, Hal Copperberg served as tournament treasurer. His contributions didn't stop there, though, Hal helped with the bowler check-in both days, provided SIR banners and other SIR-branded gear, and in general stepped up in many ways. Mattie Dukes helped with the bowler check-in both days and took many tournament photos. Our Big Sir, Mark Steffens, helped out with door prizes and other tournament supplies. Connor Chin had signed up to be the tournament co-chair, but he suffered a knee injury in

Bowling News (Continued)

January and was house-confined from then on, a tough break for Connor's involvement. Many, many thanks to all these people who volunteered their time and energy so that our branch could successfully host this tournament.

We'll have the tournament results out shortly; I'll report our branch members' successes in the April newsletter.

Tom Page, League Secretary 916-488-6465



SUNSHINE



Frank Calcagno - We mourn the loss of one of our sons. He passed away suddenly on Tuesday the 15th of February. Services will be at 10:30 am on Friday, March 18th at Divine Mercy, 2231 Club Center Dr, Sacramento, CA 95835. A Reception and Celebration of Life will follow at 12:30pm at The Dante Club, 2330 Fair Oaks Blvd, Sacramento, CA 95825. He will be greatly missed and our hearts and prayers go out to his brother Dan and the rest of his family.

Conrad Cookman – UPDATE: - Conrad is recovering from a blood poisoning bacteria resulting. He's also battling bacteria on his hip. He's moving forward with physical training (PT) and rehabilitation after the surgery. He welcomes all prayers as they are working in his favor so keep them coming. He hopes to be mobile by April and back on the golf course by June.

Let's keep these men in our prayers, and any other men of our branch who are dealing with health problems.

If you know of any of our members or immediate family with health problems give me a call at (916) 206-2732, or Big SIR Mark Steffens



Lieutenant Coopwood, Sunshine Chairman ltcoopjr@gmail.com

HOW ARE WE DOING? 02/18/2022						
INCOME Contributions Other TOTAL INCOME	*2,575 \$ 30 \$2,605	BUDGET \$3,200 \$ 0 \$3,200	DIFF -\$ 625 \$ 30 -\$ 595			
EXPENSES Printing & Postage Officers' Expenses Guest Expenses State Assessment Other, Golf Expo Other, Misc.	\$ 252 \$ 0 \$ 75 \$ 241 \$ 0 \$ 401	\$ 500 \$ 50 \$ 300 \$ 950 \$ 200 \$1,700	\$ 248 \$ 50 \$ 225 \$ 709 \$ 200 \$1.299			
CASH BALANCE AT CURRENT CASH BAPROJECTED CASH PROJECTED 2022 Y	\$ 2,731 \$ 5,260 \$ 6,896 \$ 4,760					
PROJECTED CASH	BALANCE PE		\$ 35			

RECRUITING AND PUBLICITY

There is not too much going right now in terms of organized recruiting efforts, but I will be checking in with Morton Golf this month to see if there is a possibility for a joint marketing event with Morton Golf and our branch, or perhaps with Sons in Retirement overall. I'll keep you posted on any results.

Meanwhile, each Branch 69 member should give some thought to friends, golfing and bowling buddies who might have an interest in our branch. We know how much fun our golf and bowling programs are - we have to share this information with prospective members.

I'm looking forward to seeing all of you at the next luncheon.

Tom Page Recruiting & Publicity Director

		2022	? Officers			
BIG SIR		MARK	STEFFENS		(916) 214-8	3650
LITTLE SI	R	ALAN	WEINEL		(209) 843-1	1804
SECRET <i>A</i>	\RY	JIM HU	JFFMAN		(916) 468-8	3197
ASST SEC	CRETARY	BERNI	E MORENO		(209) 245-6	5313
TREASU	RER	HAL C	OPPERBERG		(916) 722-2	2606
ASST TRI	EASURER	CONN	OR CHIN		(916) 601-1	1854
Directors						
PBS PAUL SICKERT	(916) 396-	6230	STEVE BRAND	DENBURG	GER (916) 76	5-0585
BUD ROGERS	(916) 991-	2611	JIM OBLIZZAL	.0	(916) 74	7-8172

State Officers

JOHN POPADAK

(916) 662-0695

navad Marsh

PBS TED PATTERSON (916) 607-3050

Committee Chairs

Branch Apprl https://sirinc.org/apparel-and-signage

STATE PRESIDENT: RICK KINDLE
REGION 1 DIRECTOR: HUGH THOMPSON
AREA 4 GOVERNOR: JACK REEFER

Recruitment, Activities, Member Relations & Publicity (RAMP)

RECRUITING/PUBLICITY/BIO	PBS TOM PAGE	(916) 488-6465
ACTIVITIES	PBS JERRY SCHROEDER	(916) 801-2530
MEMBERSHIP	JOHN POPADAK	(916) 662-0695

Programs	Alan Weinel	(209) 843-1804	Honorea Members
Newsletter	John Popadak	(916) 662-0695	
Chaplain	Lieutenant Coopwood	(916) 206-2732	HONORARY LIFE MEMBERS
Roster	Alan Weinel	(209) 843-1804	PBS RON HUTCHESON
Golf (RC)	PBS Lennie Silva	(916) 487-9812	PBS TOM PAGE
Golf (PGC)	Greg Schweitzer	(916) 687-8629	PBS JIM PORTERFIELD
NCGA Amba	s Jim Huffman	(916) 468-8197	PRD WARREN SENEGAL
Bowling	PBS Tom Page	(916) 488-6465	PBS LENNIE SILVA
Audit	Bob Sanchez	(916) 996-7342	1 B3 EEINNE SIEVA
Nominating	Paul Sickert	(916) 396-6230	SENIOR CERTIFICATES
Attendance	Allen Riker	(916) 873-3779	SENIOR CERTIFICATES
Lunch Recpti	n Mark Kraut	(916) 929-3494	SIR JIM PAGE
Orientation	Steve Goodman	(916) 521-6546	SIR KEN TOWNS
Meeting Rev		(916) 662-0695	SIR VERNON FREEMAN
Sunshine	Lieutenant Coopwood	(916) 206-2732	SIR HEMAN SMITH
Web Site	Ross Martin	(916) 427-0559	SIR DON BALDWIN
Book Club	Bernie Moreno	(209) 245-6313	SIR LLOYD PLANK
RAMP	Jerry Schroeder	(916) 801-2530	SIR CHARLES DANT
Information	John Popadak	(916) 662-0695	

TREASURER'S REPORT - February, 2022

Cash Balance 1/1/2022 = \$5,260

Beginning Cash Balance Contributions Expenses Ending Cash Balance	\$6,832 \$ 515 \$ 451 \$6,896	YTD N/A \$2,605 \$ 969 N/A	96
	•	•	

NON-RESPONSIBILITY DECLARATION: ALL ACTIVITIES arranged or sponsored by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of its members and their guests who desire to participate. Sons In Retirement Inc, and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining in to said activities.

Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). REQUIRED ATTENDANCE – A member who misses three (3) consecutive luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date, and giving a valid reason, or did not attend one half of the regular luncheon meetings within the previous twelve consecutive month period. may be notified, by letter, of the pending termination of his membership in SIR. (Rule 60, 100 & 107).

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Have questions, contact Mark Stuart at either (916) 218-2287 or at mss95678@hotmail.com

ONLY THE APPLICATIONS RECEIVED WITH FULL PAYMENT WILL BE CONFIRMED AND ACCEPTED

**** ENTRY DEADLINE IS MONDAY APRIL 11TH ***

(Cut here)

APPLICATION AND ENTRY FORM

THE COST OF EACH DAY'S TOURNAMENT INCLUDES GREEN FEES, CART, RANGE BALLS, PRIZES

Make check(s) out to "SIR State Golf Committee", send to:

Mark Stuart, 47 Townsend Court, Roseville CA 95678

You can fill in this form online and then print or email the completed application!

Just click in a box and then type in the data.

					Both	Day 1	Day2
1.	NAME	NCGA #	BRANCH	TEL			
	STREET			ZIP			
	EMAIL ADDRESS		(Will be	used for confirmin	ng receipt of entry)	
					Both	Day 1	Day2
2.	NAME	NCGA #	BRANCH	TEL		-	-
	STREET	CITY		ZIP			
	EMAIL ADDRESS				ng receipt of entry)	
					Both	Day 1	Day2
3.	NAME	NCGA #	BRANCH	TEL			
	STREET	CITY		ZIP			
	EMAIL ADDRESS		(Will be	used for confirmin	ng receipt of entry)	
					Both	Day 1	Day2
4.	NAME	NCGA #	BRANCH	TEL			
	STREET	CITY		ZIP			
	EMAIL ADDRESS		(Will be	used for confirmin	ng receipt of entry)	
	ELIGIBILITY: Men SIR mer	mber and guests must h	nave a verifiable NCG	6A INDEX with an	y NCGA golf club	. Wome	en

guests have no requirement for a handicap.