



# THE MAIL POUCH

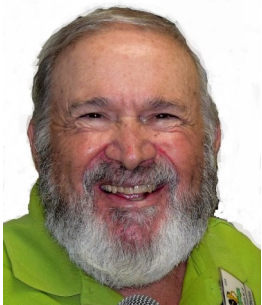


Website: [branch69.org](http://branch69.org)

Facebook: Pony Express SIR Branch 69

**The Pony Express Branch #69**   
**October - 2022 Edition**

*John Popadak, Editor*



## Message from Mark

**By the time you read this** October will have begun! This month's lunch will be on a **Tuesday (October 11<sup>th</sup>)** and **NOT Thursday**. This is only one time change. So please change your calendar to October 11th.

## Branch Activities

**Dine-Out** We gathered on September 20<sup>th</sup> at Sammy's Restaurant and Bar. Twenty-nine friends enjoyed a scrumptious meals and alcoholic beverages! We will not have another dine out until November since I will be recovering from my spinal surgery in October. Again, if you know of a location that can manage 25-30 people where we can sit together, individual checks, and serve alcohol beverages, please check it out and then let me know.



**WALKING/HIKING** We are currently in need of a new Chair to set up Walking or Hiking areas. If you're willing to step up for this fun activity, please give me a call!

For more information on the following activities call:

- Cards** Dan Nelson (916) 895-5673
- Pickleball** - Terry Block (916) 686-0797
- Bocci Ball** - Bob Schrupf (916) 897-7114
- Investment Group** - Joe Cain (530) 219-3709
- Wine Tasting and River Cats** - Dennis Kramer (530) 312-3896

## SIR STATE BOARD MEETING

The State SIR Board of Directors held a meeting on August 25. See page 4 for a summary of the meeting.

**WREATHS ACROSS AMERICA:** December 17th I will be placing wreaths at a Veteran's Cemetery. This is volunteer activity. Please view the website & YouTube (<https://www.wreathscrossamerica.org/>) ([https://youtu.be/5\\_EW6a\\_VAs](https://youtu.be/5_EW6a_VAs)) If you are interested, please contact me, and let me know so I can register for Pony Express SIR Branch 69 to participate.

**Mark Steffens, Big Sir**



Working Dog Quiz

[https://canine.org/working-dog-quiz/?utm\\_source=email&utm\\_medium=email&utm\\_campaign=NT22NSDM](https://canine.org/working-dog-quiz/?utm_source=email&utm_medium=email&utm_campaign=NT22NSDM)

Forgot the luncheon's speaker details? Want to read back issues of the Mail Pouch? Get all of this and more on our Web Site at <http://branch69.org>

## SIR Distinguished Service Award



Area 4 Governor Jack Reefer and Big Sir Mark Steffens award Pat Quinn with a Distinguished Service Award. Over the years Pat has served as Assistant Secretary, Secretary, Roster Chairman, Newsletter Chairman, Little Sir, Big Sir, and is currently President of our Thursday Golf League, a BEC Director, and Nominating Chairman.



### Alan's Chit-Chat

Welcome to Fall. Wasn't that rain a couple of weeks ago nice? The air smells so sweet after a good rain. Let's hope it is just a hint of a really nice, WET winter.

This month our speaker will be Thien Ho, the newly elected Sacramento County District Attorney. He will be talking about the Golden State Killer case. You may recall that Joseph DeAngelo was finally arrested for the string of murders and rapes from the mid 1970's to the mid 1980's ... then the case went cold ... until it wasn't! This should be a fascinating presentation.

Hey Cribbage players!! Did you know that Branch 69 is offering the opportunity to play every first and third Wednesday of the month? They meet at Country Club Lanes bowling alley at 2:00! Please contact Sir Dan Nelson 916-895-5673 or [dan8733@yahoo.com](mailto:dan8733@yahoo.com) for more information.

As Roster Chair, I thank you all for taking the time to check the draft 2023 roster at the September Luncheon. I am sending out individual e-mails to those who were not able to check their information, and ALSO sending corrected information to those who made changes to the draft. THANK YOU all for your efforts. The roster prep is a big job, but well worth it!

**REMEMBER – the October Meeting Date has been MOVED. We will meet on TUESDAY, OCTOBER 11<sup>th</sup>. Same time, same place.**

Lastly, please see the end of this newsletter for the flyer about the December Ladies holiday luncheon. **PLEASE note that the due date for reservations is FIRM.** I have to give the Dane Club final numbers by November 24<sup>th</sup>. And, even if you do not have a spouse/significant other, PLEASE consider attending. We would really like to have a full turn out!

See you all at the October luncheon.

**Alan Weinel, Little SIR**

Check out the State SIR newsletter "**Happenings**" for information about statewide SIR activities and other branches by clicking on the Rooster at the right.



Alan Weinel presents Betty Vosters-Kemp with a Certificate of Appreciation and bottle of wine. Betty was the presenter at the September meeting. She talked about the importance of good hearing and getting hearing tests. Betty also discussed the many advances in hearing aid technology.

### DOING MY PART



Big SIR Mark Steffens awards a "SIR I'm Doing My Part" pin to Allen Riker and Mark Kraut for their tireless work in greeting members upon arrival, passing out and collecting member badges at the meetings, and recording attendance.



## October Birthdays

<b>Otis Benning</b>	<b>10/01</b>	<b>83 Years</b>
Charlie Landau	10/05	
Tom Mezzanares	10/05	
<b>Jim Oliver</b>	<b>10/05</b>	<b>80 Years</b>
John Valdes	10/09	
<b>Adrian Herrell</b>	<b>10/13</b>	<b>85 Years</b>
Rick Hom	10/13	
Sandy Davis	10/15	
<b>Marty Miller</b>	<b>10/15</b>	<b>81 Years</b>
Doug Bailey	10/19	
Bob Clanton	10/21	
Mike Pinkston	10/21	

## October Anniversaries

Bill and Cheryl Pritchett	10/05
Hal and Dolly Copperberg	10/06
Pat and Sandy Quinn	10/16
Mark and Nancy Machado	10/21



## CONGRATULATIONS!

Special congratulations to **Jim Oliver** on his 80th birthday!

## October 11th Luncheon Menu

Brussels Sprouts Salad, Pan Seared Pork Chops with Cranberry Chutney, Garlic Mashed Potatoes, Seasonal Vegetables, Dinner Rolls with Sweet Butter, and Chef's Choice Dessert



Area 4 Governor Jack Reefer and Big Sir Mark Steffens award Honorary Life Member Pins to Ron Hutcherson, Tom Page, Warren Senegal, Jim Porterfield, and Lennie Silva.



## Summary of August 25th SIR State Board Meeting (Excerpts from BS Jay Muzio Notes)

Important things are happening in our organization. Opening statement was given by President, Rick Kindle, and a vote to change certain by-laws was completed without opposition.

The new slate of officers for 2023 were presented: President Dave Gonzales, Branch 98 (Roseville/Rocklin), Vice President Dale Decker, Branch 136 (Sonora), Chief Administrative Officer Roy Hodgkinson Branch 146 (Walnut Creek/Pleasant Hill), State Secretary will Russ Salazar Branch 113 (Pollock Pines), and State Treasurer Carl Mason Branch 88 (Vallejo). All ran uncontested and all were elected unanimously.

Roy Hodgkinson gave the Treasurer's Report. Roy also spoke on Growing the SIR Family. The State SIR organization is now below 10,000 members. In October of 2018 there were 115 active branches. In April of 2022 there were 96 branches. So, we are losing branches at an average rate of six per year. To help to address this dynamic, the State Board is on track for changing the language in our by-laws to eliminate gender and employment status as criteria for SIR membership. The Mission Statement will be "Activities for All." This change will allow branches to chart their own course as far as membership goes. The State will not require female membership, but by the change in language the inclusion of female members can be realized by branches that choose to exercise this option. The actual language has not yet been changed in the by-laws, but it will be completed sometime in 2023.

Activities Committee Chairman, Bob Lucido, presented plans to help branches develop their activities to increase interest in SIR membership which includes working with branch chairs. Next year I will be Activities Chair. The Training and Development Committee Chairman, John Kent, reported his plan to strengthen Branches through leadership training and concentrating efforts on at-risk branches.

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Kent, reported his plan to strengthen Branches through leadership training and concentrating efforts on at-risk branches.

Dale Decker, Vice-president, and Region 2 Director presented a newly defined and expanded system of awards and recognition to recognize members that are truly doing work beyond to support SIR at all levels. The first level of recognition is the "I'm Doing My Part" lapel pin. It is presented to branch members that have stepped up to do the jobs that support the local branch. We have been presenting these awards to our members at our monthly meetings.

A new Distinguished Service Award, now the second highest award, is earned by those who have clearly earned it through exceptional and extraordinary service for three years or more. Only one for every twenty-five members of a branch can be awarded this award. This past luncheon District Governor Jack Reefer presented PBS Pat Quinn the Distinguished Service Award.

Finally, there is a continuation of the highest award, The Honorary Life Member award. This award is earned by those who have clearly earned it through exceptional and extraordinary service for five years or longer. This award is limited to 1 for every 50 members of a branch. Currently, we 5 Distinguished Service Award recipients or an Honorary Life Member recipient, PBS Lennie Silvia, PBS Warren Senegal, PBS Tom Page, PBS Jim Porterfield, and PBS Ron Hutcheson.

Finally, "What State SIR Does for its Branches" was presented by Andy Danver from Los Gatos. Among other things, State SIR:

- Insures Branches, Members, Partners, and Guests
- Supports Tools (Zoom, Websites, Constant Contact)
- Prepares Consolidated Financials for Tax Purposes
- Files Multiple California State Documents
- Trains Branch Officers, Chairmen and Leaders
- Organizes State Activities and Tournaments
- Materials Marketing (Brochures, Banners, Video, Web)
- Publishes Rosters, Data Sheets, Monthly News letter
- Provides Bylaws, Policies & Procedures, Templates
- Sells SIR Apparel & Other Items On-Line

# WELCOME NEW MEMBERS!!

## SIR Tony Stratton

9484 Monte Cresta Way  
Elk Grove, CA 95624  
(916) 686-1268  
stratton@surewest.net  
Sponsor: Tom Page/transfer from  
Branch 93



Tony was born in Sacramento and graduated from Sacramento High School. He attended Cal Poly San Luis Obispo, UC Davis and Sac State, from which he earned his degree in journalism. After college, he right away went to work for the State of California in the Department of Health Services. Over his years with the State, Tony worked for several departments, serving the longest with the Department of Justice. He spent his final years with the State at the Lottery until his retirement in January, 2001.

Tony likes to bowl and play card games. He used to play a lot of slow-pitch softball and flag football, but the accumulated years of various injuries have ended those pursuits. Tony and his wife have two children, a boy and a girl, and five grandchildren.

Birthday: August 2, 1946  
Anniversary: Marilyn, February 2, 1974

## SIR Tim Fuller

8451 Pastori Way  
Sacramento, CA 95828  
(916) 205-0910  
huh-58@hotmail.net  
Sponsor: Tom Page/transfer from  
Branch 93



Tim was born and raised in Sacramento. After he graduated from McClatchy High in 1976, he attended Consumnes River College and earned an Automotive AA degree. Tim then began a life-long career as an auto mechanic, immediately being hired by Vandenberg Motors Chrysler/Plymouth dealership and continuing to work for them when they moved to Elk Grove in 1987 and became a Chrysler & Ford dealership. He worked a total of 30 years for the company until they left the business in 2008. Tim then worked as an independent auto repair proprietor until he retired in 2020. He also has had an interest in antique/classic cars. He doesn't currently have any of the old cars, but he helps friends with their project vehicles.

Tim and his wife Kathy have three children, a daughter and twin boys. They have a total of nine grandchildren. Tim enjoys traveling, woodworking, camping and bowling.

Birthday: January 21, 1958  
Anniversary: Kathy, June 2, 1979



Sponsor, Tom Page, and new members Tony Stratton and Tim Fuller, with Big Sir Mark Steffens.

**GOLF NEWS**

**Rick Hom—Regular Course**



**Greg Schweitzer—Progressive Golf Club**



### UPCOMING TOURNAMENTS

October 6th - Bartley Cavanaugh GC, stroke play. Application and fees due by 9/26. \$34.

October 20th - Wildhawk GC, stroke play. Application and fees due by 10/10. \$35. (Last chance to score points toward Player of the Year or to win season-long Ace Pot)

November 3 - Alister Mackenzie - Application and fees due by 10/24 - \$43.

### SEPTEMBER RESULTS

Ancil Hoffman (9/1) - Two Player Blind Draw  
(1 Higher/1 Lower Handicap Player)

Low Gross (187) - Marty Miller & Tom Page (tiebreaker, lower score on last 6 holes)

Low Net (146) - Terry Block & Carl Hefner

2nd L/Net (148) - Pat Quinn & Jerry Schroeder

3rd L/Net (155) - Alex Canada & Sandy Davis

4th L/Net (157) - Jack Osborne & Mark Steffens

CTPs - Alex Canada, Jack Osborne & Tom Costello

Mather GC (9/22) - 4 Player Shamle—2 Low Net/Hole

Low Net - Alex Canada, Sandy Davis, Steve Haakenson, and John Valdes

2nd Low Net - Terry Block, Jerry Buhlert, Mark Machado, and Dan Nelson

3rd Low Net - Otis Benning, Adrian Herrell, Orville Noel, and Ted Patterson

4th Low Net - Connor Chin, Lt Coopwood, Rick Hom, and John Popadak

CTPs - Rick Hom, Pat Quinn, and Dan Nelson

### UPCOMING TOURNAMENTS

October 3 - Wildhorse - 4-Man 2 Best Ball Shamle

October 17 - Allister Mackenzie - Stroke Play - 2 Oaks

November 7 - Bing Maloney - 4 Man, 2 Best Ball

November 21 - Bartley Cavanaugh - Stroke Play - Black tees

### SEPTEMBER RESULTS

Davis Municipal GC (9/12) (Stroke Play)

1st Flight (Low Gross, Low Net, 2nd Low Net) - Pat Quinn, Rick Hom, and Terry Block.

2nd Flight - Tom Costello, Ritchie Carlson, and Fred Smith.

3rd Flight - Jerry Schroeder, Greg Schweitzer, and John Popadak.

Bartley Cavanaugh (9/19) (Stroke Play)

Cancelled due to rain.



State SIRS Fall Classic, Blue Rock Springs GC, Vallejo (9/14) - Four Person Team, Two Best Net

2nd Place - Alex Canada, Jack Osborne, Fred Smith, and Rick Hom



## BOWLING NEWS

**We're rolling and bowling!** As I write this, we have completed three weeks of league bowling. As happens every year, we had some surprises with bowlers not being able to participate in the league due to health issues, but several of our subs stepped up and became team members to round out all the squads.

Some of our bowlers are in the midst of regaining their form from last season, while other bowlers have gotten off to great starts. So far, the competition has been very close between the teams.

Our league bowling is held every Wednesday at 11:00am at Country Club Lanes, the corner of Watt & El Camino. Spectators are always welcome—who knows, you might even get an urge to join in on the fun.

### Other bowling information:

If you want to practice bowl anytime **during the weekdays**, identify yourself as a SIR league bowler at the front desk at Country Club Lanes and you can bowl for \$.25/game. Also, if you still have some of those old free bowling coupons from making splits, Country Club Lanes will continue to honor them.

The State SIR Bowling Committee has several upcoming SIR tournaments on their calendar. Go to the State SIR Bowling website to view the calendar; the entry forms are also on the site. Also, the State SIR Bowling Committee recently held a Zoom meeting to work on bowling issues in general and the 2023 State SIR bowling schedule in particular. It looks like Sacramento will once again hold a tournament at Country Club Lanes early in the year, this time under the leadership of Connor Chin.

See you soon at Country Club Lanes.

Stay safe and stay healthy,

**Tom Page, League Secretary**  
**916-488-6465**



## RECRUITING AND PUBLICITY

I don't have anything specific to report on the efforts to increase our branch profile, BUT I do note that we are continuing to add new members. Some of the new members are transfers from other branches, which shows that our branch has a lot to offer in terms of our lunches, activities and overall activity level. The Area 4 Governor, Jack Reefer, commented on how refreshing it is to visit our branch with all our enthusiasm and activities.



Jerry Schroeder and I are working on some new signs that we hope will be posted at local golf courses. I'm continuing to work with our new Golf Committee to see if we can bundle our tournament commitments at golf courses with advertising for our branch. I think this could have real potential.

I'm still exploring the possibility of having our branch listed as a senior activity for a major park district. This would open up a lot of advertising potential in their publications and online display. The manager sounded very optimistic over this idea, so we'll see how it turns out.

Keep working on your buddies who might be interested in our various activities. Each Branch 69 member should give some thought to friends, golfing and bowling buddies who might have an interest in our branch. We know how much fun our golf and bowling programs are, not to mention new activities, such as dinner outings, walking group and card playing—we have to share this information with prospective members.

I'm looking forward to seeing all of you at the next luncheon.

**Tom Page Recruiting & Publicity**  
**Director**

## CARD CLUB



We meet 1st and 3rd Wednesdays of the each month at the Country Club Lanes. That would be Oct. 5th and Oct. 19th this month at 2:00 pm.

Looking forward to seeing you all there.

**Dan Nelson, Card Game Facilitator**  
**916-895-5673**



## 2022 ROSTER REPAIRS

Work continues on next year's Roster. Please promptly respond to any requests for confirmation of current information. Thank you.

Please send roster corrections to Alan's personal Email account Alan\_Weinel@ATT.Net with subject "Roster Correction". Don't forget to update your rosters with new members.

**Alan Weinel, Roster Chairman**



## SUNSHINE



**Jim Huffman** passed away Tuesday night September 20th from complications of a cardiac arrest. His son states that everyone is in shock. He thanks SIRs for our card to them and our kind words. He is to be cremated and his ashes are to be spread at sea.

If you know of any of our members or immediate family with health problems give me a call at (916) 206-2732, or Big SIR Mark Steffens.

**Lieutenant Coopwood,  
Sunshine Chairman  
ltcoopjr@gmail.com**



## BOCCE BALL

Robert Schrumph is trying to organize a group to play at Carmichael Park's Bocce Ball courts, hopefully in conjunction with SIRS Branch 23 which is already playing at Carmichael Park.

We can also try to play at the Dante Club a few hours before our monthly luncheons at the Dante Club.

Please contact Robert Schrumph at (916)897-7114 or at [rschrumph@hotmail.com](mailto:rschrumph@hotmail.com) if you are interested in trying to play as a group from SIRS 69.



### 2022 Officers

BIG SIR	MARK STEFFENS	(916) 214-8650
LITTLE SIR	ALAN WEINEL	(209) 843-1804
SECRETARY	JIM HUFFMAN	(916) 468-8197
ASST SECRETARY	BERNIE MORENO	(209) 245-6313
TREASURER	HAL COPPERBERG	(916) 722-2606
ASST TREASURER	CONNOR CHIN	(916) 601-1854

### Directors

PBS PAUL SICKERT	(916) 396-6230	STEVE BRANDENBURGER	(916) 765-0585
BUD ROGERS	(916) 991-2611	JIM OBLIZALO	(916) 747-8172
PBS TED PATTERSON	(916) 607-3050	JOHN POPADAK	(916) 662-0695

### State Officers

STATE PRESIDENT:	RICK KINDLE
REGION 1 DIRECTOR:	HUGH THOMPSON
AREA 4 GOVERNOR:	JACK REEFER

### Recruitment, Activities, Member Relations & Publicity (RAMP)

RECRUITING/PUBLICITY/BIO	PBS TOM PAGE	(916) 488-6465
ACTIVITIES	PBS JERRY SCHROEDER	(916) 801-2530
MEMBERSHIP	JOHN POPADAK	(916) 662-0695

### Committee Chairs

Programs	Alan Weinel	(209) 843-1804
Newsletter	John Popadak	(916) 662-0695
Chaplain	Lieutenant Coopwood	(916) 206-2732
Roster	Alan Weinel	(209) 843-1804
Golf (RC)	Rick Hom	(916) 395-7433
Golf (PGC)	Greg Schweitzer	(916) 687-8629
NCGA Ambas	Jim Huffman	(916) 468-8197
Bowling	PBS Tom Page	(916) 488-6465
Audit	Bob Sanchez	(916) 996-7342
Nominating	Paul Sickert	(916) 396-6230
Attendance	Allen Riker	(916) 873-3779
Lunch Recptn	Mark Kraut	(916) 929-3494
Orientation	Steve Goodman	(916) 521-6546
Meeting Rev	John Popadak	(916) 662-0695
Sunshine	Lieutenant Coopwood	(916) 206-2732
Web Site	Ross Martin	(916) 427-0559
Book Club	Steve Brandenburg	(916) 765-0585
RAMP	Jerry Schroeder	(916) 801-2530
Information	John Popadak	(916) 662-0695
Cards	Dan Nelson	(916) 895-5673
Walking	Paul Sickert	(916) 396-6230
Wine Tasting	Dennis Kramer	(530) 312-3896
Branch Apprl	<a href="https://sirinc.org/apparel-and-signage">https://sirinc.org/apparel-and-signage</a>	

### Honored Members

#### HONORARY LIFE MEMBERS

- PBS RON HUTCHESON
- PBS TOM PAGE
- PBS JIM PORTERFIELD
- PRD WARREN SENEGAL
- PBS LENNIE SILVA

#### SENIOR CERTIFICATES

- SIR JIM PAGE
- SIR KEN TOWNS
- SIR VERNON FREEMAN
- SIR HEMAN SMITH
- SIR LLOYD PLANK
- SIR CHARLES DANT

### DIAMOND LIL by Brett Koth



**NON-RESPONSIBILITY DECLARATION:** ALL ACTIVITIES arranged or sponsored by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of its members and their guests who desire to participate. Sons In Retirement Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining in to said activities.

Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date, and giving a valid reason, or did not attend one half of the regular luncheon meetings within the previous twelve consecutive month period, may be notified, by letter, of the pending termination of his membership in SIR. (Rule 60, 100 & 107).



# Annual Holiday Luncheon



Thursday, December 8, 2022  
The Dante Club, 2330 Fair Oaks Blvd.  
Sacramento, Ca.

11:00 Drinks and Conversation

12:00 Lunch

1:00 Dancing to the Band MRQ!

Soft music during lunch, Dancing afterward

- Seating: If you would like to be seated as a group, write on the back of this reservation sheet, otherwise open seating.
- Holiday Luncheon 2022 is open to all members of Branch 69. Wives and guests are encouraged, but not required. Guests such as Widows, Daughters or Friends are always welcome. *Single members are encouraged to attend.* **Dress: Dressy Casual.**
- Program will include members being recognized for significant accomplishments and events, such as a hole-in-one or significant bowling score. Branch activities recognition will also be featured.  
Special gifts and prizes will be provided to the ladies.
- Come be recognized and celebrate!

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## Reservations:

- SIR Name \_\_\_\_\_
- Spouse/Guest(s) \_\_\_\_\_

## Lunch Menu:

### Quantity

- |   |       |   |                |
|---|-------|---|----------------|
| • Tri-Tip/w mushrooms<br>Served with Yukon Golden Mashed Potatoes | _____ | X | \$25 = \$_____ |
| • Pan Seared Salmon<br>Served with Rice Pilaf                     | _____ | X | \$25 = \$_____ |
| • Butternut Squash Ravioli  | _____ | X | \$25 = \$_____ |
|   | TOTAL | = | \$_____        |

\*Each meal is served with a Mixed Green Salad, rolls and butter and Cheesecake.  
Coffee and water will be served at table.

Prepay at October and November Luncheon or make checks payable to SIRS Branch 69, or send or give check to Treasurer, Hal Copperberg, 8015 Garry Oak Drive, Citrus Heights, CA 95610 – ***BY November 23.*** (We **must** give the Dante Club a final count by 11/24)