



# THE MAIL POUCH

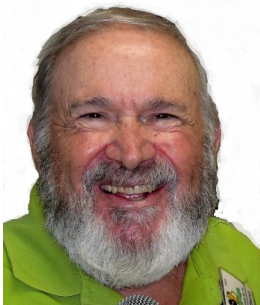


Website: [branch69.org](http://branch69.org)

Facebook: Pony Express SIR Branch 69


**The Pony Express Branch #69**  
**November - 2022 Edition**


John Popadak, Editor



## Message from Mark

**By the time you read this** November will have begun! On September 30th I had lumbar surgery. As of this date I am doing fantastic. Still taking a few Percocet a day for any discomfort. Having had major nerve pain in my leg since March, it's like a miracle not to feel pain! My goal is to get back on the golf course and bowling as soon as possible.

**Thank you!** Little Sir Alan did an excellent job handling everything required as Big Sir for the month of October. After throwing you in the lion's den you are ready to begin as Big Sir next year.

**Christmas Luncheon:** Want to make sure you sign up for our **INCREDIBLE** Christmas Luncheon coming up on December 8th. We've been currently averaging 75 members at our monthly luncheon. As you can see, we changed the theme of the luncheon to make it inclusive for all our members to attend. So please mark your calendar, get your money in to SIR Hal and then joy a special day.

**Incredible Support!** Our branch has been steadily growing since the pandemic. When you invite a member, please print out the membership application (on website [branch69.org](http://branch69.org)) and give it to your guest ahead of time, at the luncheon or BEC meeting. If they turn in their application and a check for their dues, we will be able to vote them in immediately as a member at BEC meeting. Remember we have changed the procedure since the pandemic. (The procedure used to be that to be accepted into the Branch, an applicant must have attended at least one luncheon as a guest and been introduced to the members in attendance (Branch Policy). NOTE: This requirement was suspended by the BEC at their October 14, 2021, meeting due to COVID concerns.) My hope is that the BEC board will make it as a permanent change. Since we do not need any roadblocks in getting new members!

Forgot the luncheon's speaker details? Want to read back issues of the Mail Pouch? Get all of this and more on our Web Site at <http://branch69.org>

## Branch Activities

**Dine-Out:** Our next Dine-Out is **Claim Jumper** on November 14<sup>th</sup> at 6:00 PM, located at 250 Harding Blvd, Roseville, CA 95678. (web site [Roseville : Claim Jumper](http://Roseville : Claim Jumper)). Experience scrumptious meals and alcoholic beverages! Again, if you know of a location that can manage 25-30 people where we can sit together, individual checks, and serve alcohol beverages, check it out and then let me know.

**State Board** believes it's time to promote discussion and awareness of critical strategies and issues facing SIR for action in 2023 and the coming years. I sent out to you a request for questions if you want to have them discussed. There's still time since I will be tending the December forums.

**WALKING/HIKING:** we are currently in need of a new Chair to set up Walking or Hiking areas. If you're willing to step up for this fun activity, please give me a call!

**WREATHS ACROSS AMERICA:** December 17th I will be placing wreaths at a Veteran's Cemetery. This is a volunteer activity. Please view the website & YouTube (<https://www.wreathscrossamerica.org/>) ([https://youtu.be/5\\_-EW6a\\_VAs](https://youtu.be/5_-EW6a_VAs)) If you are interested, please contact BS Mark!

**Mark Steffens, Big Sir**



**NOVEMBER 10 LUNCHEON MENU**

Cranberry Mixed Green Salad,  
Slow Roasted Turkey, Traditional Stuffing, Garlic Mashed Potatoes with Gravy, Roasted Brussels Sprouts, Dinner Rolls with Sweet Butter



## Alan's Chit-Chat

With deep sorrow we recognize the passing of two of our members: Sir Jim Huffman and Past Big Sir Dick Borah. Those of us who played golf or bowled with either of these gentlemen know just how special they were. As I said at the October BEC meeting, it reminds me that, at our ages gentlemen, things can go south quickly. The lesson is that we need to learn is to be sure to let our loved ones know how much they mean to us. None of us are guaranteed that we will wake up tomorrow morning. Currently, we have no information regarding services for either of these gentlemen. As soon as it becomes available, we will send out an e-mail blast.

Our speaker for the November luncheon will be Ms. Christina Wynn, who is the Assessor for Sacramento County. She will be explaining how property assessments are set and how the taxes are calculated. BEING that the first installment for 2022-2023 property taxes will be due December 10<sup>th</sup>, this will be timely!

The Holiday season is upon us – I guess it now kind of kicks off with Halloween. Another year pretty much shot in the pants. AS A REMINDER, please see the end of this newsletter for the flyer about the December Ladies Holiday Luncheon. **PLEASE note that the due date for reservations is FIRM. I have to give the Dane Club final numbers by November 24<sup>th</sup>.** And, even if you do not have a spouse/significant other, PLEASE consider attending. We would really like to have a full turnout!

See you all at the November luncheon.

***Alan Weinal, Little SIR***

**I don't always  
go the extra  
mile, but when  
I do it's because  
I missed my  
exit.**



Alan Weinal presents October's speaker, Thien Ho with a Certificate of Appreciation and bottle of wine. Thien is the newly elected Sacramento County District Attorney. He discussed the search for, and capture of, the Golden State Killer, Joseph DeAngelo.

### THINGS TO PONDER:

- What if my dog only brings the ball back because he thinks I like throwing it?
- If the poison expiration date is past does that mean it's less or more poisonous?
- Which letter in "Scent" is silent...is the S or the C?
- Do twins ever realize that one of them is unplanned?
- Why is W pronounced "double U" instead of "double V"?
- What if oxygen is killing you & it just takes 75 to 100 years to work?
- Everytime you clean, you make something else dirty.
- 100 years ago, everyone had a horse, only the rich had a car. Today everyone has cars & only the rich have horses.
- If you replace the "W" with a "T" in "What, Where & When", you would have the answer to each one.
- If you rip a hole in a net, you have less holes than you started with.

## November Birthdays

Hal Copperberg	11/01	
Mark Steffens	11/03	
Robert Schrumph	11/10	
Jerry Buhlert	11/12	
George Ringley	11/13	
Richard Terrell	11/16	
Orville Noel	11/20	
Jack Osborne	11/20	
<b>Tom Costello</b>	<b>11/22</b>	<b>83 Years</b>
Mike Evans	11/22	
Joe Bowers	11/24	
Malcolm Hill	11/24	
<b>Bud Rogers</b>	<b>11/24</b>	<b>86 Years</b>
<b>Bob Sanchez</b>	<b>11/24</b>	<b>84 Years</b>
James Svobodny		



## November Anniversaries

Alex and Laree Canada	11/09
Lenny and Timmi Silva	11/26
Jim and Bonnie Oliver	11/27
Bob and Paulette Sanchez	11/28



### EXTRA! EXTRA! READ ALL ABOUT IT!

In the November issue of Sacramento Insider magazine (Arden) there is an excellent article about the Dante Club. It can be found at:

<https://insidesacramento.com/past-present/>



## RECRUITING AND PUBLICITY

I'm happy to report that one of the branch posters we placed at a golf course (Bing Maloney) has gotten a response from a prospective new member. He came to our October luncheon and plans to join this month. We will keep up our efforts to get the advertising posters placed in the local golf courses. Our golf club committee is also working to use our tournament commitments with advertising for our branch.

I'm still exploring the possibility of having our branch listed as a senior activity for a major park district. This would open up a lot of advertising potential in their publications and online display. The manager sounded very optimistic over this idea, so we'll see how it turns out.

Keep working on your buddies who might be interested in our various activities. Each Branch 69 member should give some thought to friends, golfing and bowling buddies who might have an interest in our branch. We know how much fun our golf and bowling programs are, not to mention new activities, such as dinner outings, walking group and card playing—we have to share this information with prospective members.

I'm looking forward to seeing all of you at the next luncheon.

### **Tom Page Recruiting & Publicity Director**



### THE ARGYLE SWEATER SCOTT HILBURN



# WELCOME NEW MEMBERS!!

## SIR Patrick Lord

4621 Creek Road  
Sacramento, CA 95841  
(916) 813-1482  
pblord@me.com  
Sponsor: Robert Schrupf



Patrick was born in Georgetown in the South American country of Guyana. His family immigrated to the United States just before his 13<sup>th</sup> birthday. His family settled in Jersey City, New Jersey, before moving to Long Beach, California. Patrick attended Long Beach City College and earned his RN license. He has been married since 1976 and his wife is also a retired RN. He and his wife have a daughter and also raised a niece, who now has 3 children of her own. He specialized in ICU care and was recruited by Kaiser to work in Sacramento at the Morse Avenue Hospital. During his tenure with Kaiser, he also worked in various clinics.

Patrick then attended Sac State and received his BS degree in Nursing. He worked for the California Department of Health Services and Department of Managed Health Care. His final posting was at CalPers, where he consulted on health programs for government employees.

Patrick loves to play ping pong, pickle ball and travel. He plans to participate in our SIR bowling league.

Birthday: January 5, 1952  
Anniversary: Barbra, March 20, 1976

## SIR James Aylett

521 53<sup>rd</sup> Street  
Sacramento, CA 95819  
(650) 240-6019  
penholder19@gmail.com  
Sponsor: Tom Page



James was born on Oahu, Hawaii, in the Kalihi district. He grew up on Oahu and lived there until he was twenty, when he moved to the San Francisco area and attended Heald Institute of Technology. After completing his studies, James and his wife moved to the South Bay and later Southern California in Laguna Niguel, working in technical fields on various types of electronic

equipment. He also joined the Army National Guard while in Hawaii and transferred to California units when he moved here. James next moved to Burlingame and worked there for 25 years until the type of work he was doing was moved overseas. He continued to work in the technical equipment field until he moved to Sacramento two years ago to help care for his aging in-laws.

James enjoys ping pong, biking and playing the ukulele, which he has done for many years. He is planning to return to bowling and participate in our bowling league.

## SIR Robert Kiehne

3505 Pacifica Ln  
Elk Grove, CA 95758  
(916) 747-7824  
captainuffda@hotmail.com  
Sponsor: Tom Page/transfer from  
Branch 93



Bob was born in Preston, Minnesota and grew up there. He graduated from Chatfield HS in 1970, and then attended University of MN for 2 years. Next he joined the Rochester, Mn Fire Department in 1977 and served there for 10 years. He resigned from there in 1987 to join the Sacramento Fire Department after completing a 15 week fire Academy. He retired Dec. 29, 2010 at the rank of Fire Captain. Bob has served on the executive board of the Sacramento Area Fire Chaplaincy since 1997.

He is currently serving as a Trustee for Sacramento Area Firefighter's Local 522. His hobbies include travel, fishing, bowling, and providing help on projects for friends. Bob has been blessed with a variety of construction, electrical, and plumbing skills that come in handy with these projects.

Birthday: August 24, 1952  
Anniversary: Ruth, September 20, 1975

# GOLF NEWS



**Rick Hom—Regular Course**



**Greg Schweitzer—Progressive Golf Club**



## UPCOMING TOURNAMENTS

November 3 - Alister Mackenzie - Turkey shoot - Application and fees due by 10/24 - \$43.

December 1 - Bing Maloney - Application and fees due November 21 - \$40

December 15 - Bartley Cavanaugh - Low Net - Application and fees due December 5 - \$34

## OCTOBER RESULTS

### Bartley Cavanaugh (10/6) - Stroke Play

1st Flight (Low Gross, Low Net, 2nd Low Net)  
Pat Quinn, John Valdes, Jerry Buhlert, Tom Castello

2nd Flight - Jim Svobodny, Terry Block, Garry Lukins and Bill Mullen (tie)

3rd Flight - Sandy Davis, Rod Lukins, Lennie Silva, Tom Knoble

CTPs - Pat Quinn, John Valdes, Dan Nelson, Terry Block, and Russ Prophet

### Wildhawk (10/20) - Stroke Play

1st Flight (Low Gross, Low Net, 2nd Low Net)  
Pat Quinn, Jerry Buhlert, Rick Hom, John Valdes

2nd Flight - Rex Bowling, Bill Mullen, Jim Svobodny, Terry Block

3rd Flight - Rod Lukins, Jerry Schroeder, Connor Chin, Russ Prophet

CTPs - Jerry Buhlert, Rick Hom, Terry Block, Jerry Schroeder

## UPCOMING TOURNAMENTS

November 7 - Bing Maloney - 4 Man Shamble, 2 Best Ball

November 21 - Bartley Cavanaugh - Stroke Play - Black tees

December 12 - Davis Municipal GC

## OCTOBER RESULTS

### Wildhorse (10/3) - 4-Man 2 Best Ball Shamble

1st Place Team  
Rick Hom, Jack Osborn, Fred Smith, and John Popadak

1st Place Team (Tie)  
Pat Quinn, Bud Rogers, Marty Miller, and Jerry Schroeder

### Alister Mackenzie (10/17) - 4 Man 1 Best Ball

1st Place Team  
Pat Quinn, Tom Costello, Bill Mullen, and John Popadak

1st Place Team (Tie)  
Joe Riley, Alex Canada, Greg Schweitzer

Bob Clanton is awarded the Branch 69 Golf Championship trophy by Lennie Silva at the awards banquet held at Roseville's Old Spaghetti Factory on October 27.





# BOWLING NEWS

We're about midway through the first half of our bowling season. Yes, time goes by quickly when you're having fun! The standings are very close at the top—the leading six teams are only 5 points apart. Each week brings new surprises—a good team goes flat, a team near the bottom of the standings gets hot and sweeps all four games.

Some of our bowlers are in the midst of regaining their form from last season, while other bowlers have gotten off to great starts. Jim Smalling leads our league in both high scratch game (267) and high scratch series (719). Eddie Caviel has earned the second best scores in both those categories with 244 and 649 numbers. Jim Happs has the third high scratch score with 231 and Steve Eason has the third best scratch series score with 612.

Eddie Caviel has the top handicap game and series with 296 and 805 scores. Jim Smalling is second in both sections with 284 and 793 numbers, while Rich Taylor is in third with 278 and 740 postings.

Our league bowling is held every Wednesday at 11:00am at Country Club Lanes, the corner of Watt & El Camino. Spectators are always welcome—who knows, you might even get an urge to join in on the fun.

## Other bowling information:

If you want to practice bowl anytime **during the weekdays** (not evenings or weekends), identify yourself as a SIR league bowler at the front desk at Country Club Lanes and you can bowl for \$.25/game. Also, if you still have some of those old free bowling coupons from making splits, Country Club Lanes will continue to honor them.

The State SIR Bowling Committee has several upcoming SIR tournaments on their calendar. Go to the State SIR Bowling website to view the calendar; the entry forms are also on the site. Also, the State SIR Bowling Committee recently held a Zoom meeting to work on bowling issues in general and the 2023 State SIR bowling schedule in particular. It looks like Sacramento will once again hold a tournament at Country Club Lanes early in the year, this time under the leadership of Connor Chin.

See you soon at Country Club Lanes.

Stay safe and stay healthy,

**Tom Page, League Secretary**  
**916-488-6465**



# BRANCH ACTIVITIES

## ACTIVITY LEADERS

DINE OUT - Mark Steffens - (916) 214-8650  
[Steffens.mark@outlook.com](mailto:Steffens.mark@outlook.com)



CARDS - Dan Nelson - (916) 895-5673  
[dan8733@yahoo.com](mailto:dan8733@yahoo.com)



BOCCI BALL - Bob Schrumph - (916) 897-7114  
[rschrumpf@hotmail.com](mailto:rschrumpf@hotmail.com)



PICKLEBALL - Terry Block - (916) 686-0797  
[TerryBlock@Comcast.Net](mailto:TerryBlock@Comcast.Net)



INVESTMENT GROUP - Joe Cain - (530) 219-3709  
[jlcaïn45@Yahoo.com](mailto:jlcaïn45@Yahoo.com)



WINE TASTING - Dennis Kramer - (530) 312-3896  
[wischixen1@aol.com](mailto:wischixen1@aol.com)



RIVER CATS - Dennis Kramer - (530) 312-3896  
[wischixen1@aol.com](mailto:wischixen1@aol.com)

WALKING/HIKING - We currently need someone to take over this group



## DINE OUT

Next Dine Out will be at the **Claim Jumper** on November 14<sup>th</sup> at 6:00 PM, located at 250 Harding Blvd, Roseville, CA 95678.

## CARD CLUB

We meet 1st and 3rd Wednesdays of the each month at the Country Club Lanes. That will be Nov. 2nd and Nov. 16th this month at 2:00 pm.



Looking forward to seeing you all there.



## BOCCE BALL

The Carmichael SIR chapter is ending their league for the Winter so we will not be playing with them until next February at the earliest. Our best bet for some Bocce Ball in the near future may be to play at the Dante Club prior to our monthly meetings. However those arrangements have yet to be made.

THEY ALL WANTED TO BE WITCHES, DAD DIDN'T WANT TO BE LEFT OUT.... 😂😂

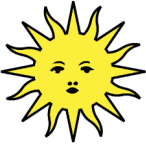


## 2022 ROSTER REPAIRS

Warren Senegal has a new eMail address, it's: [wse-egal@sbcglobal.net](mailto:wse-egal@sbcglobal.net)

Please send roster corrections to Alan's personal Email account Alan\_Weinel@ATT.Net with subject "Roster Correction". Don't forget to update your rosters with new members.

**Alan Weinel, Roster Chairman**



## SUNSHINE



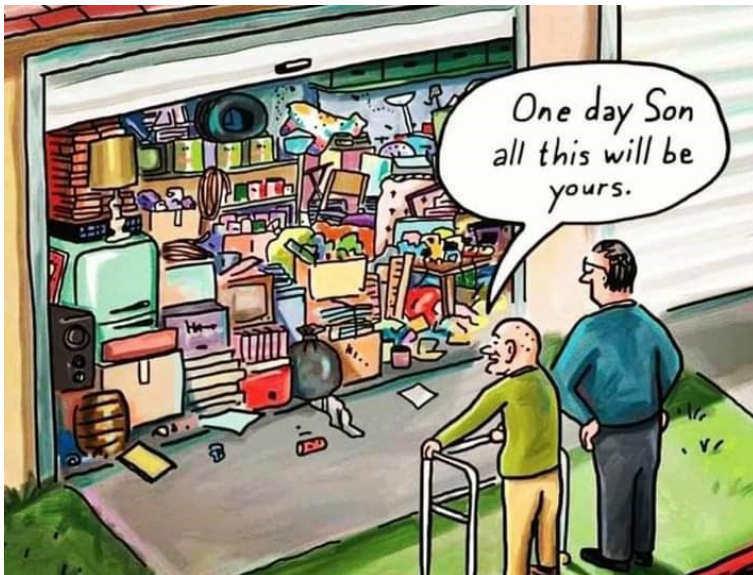
Dick Borah passed away on October 18 of cancer. He will be missed!

Steve Goodwin is recovering from 5-way bypass surgery.

Mark Steffens is recovering from spinal surgery.

If you know of any of our members or immediate family with health problems give me a call at (916) 206-2732, or Big SIR Mark Steffens.

**Lieutenant Coopwood,  
Sunshine Chairman  
ltcoopjr@gmail.com**



<b>2022 Officers</b>		
BIG SIR	MARK STEFFENS	(916) 214-8650
LITTLE SIR	ALAN WEINEL	(209) 843-1804
SECRETARY	JIM HUFFMAN	(916) 468-8197
ASST SECRETARY	BERNIE MORENO	(209) 245-6313
TREASURER	HAL COPPERBERG	(916) 722-2606
ASST TREASURER	CONNOR CHIN	(916) 601-1854
<b>Directors</b>		
PBS PAUL SICKERT	(916) 396-6230	STEVE BRANDENBURGER (916) 765-0585
BUD ROGERS	(916) 991-2611	JIM OBLIZALO (916) 747-8172
PBS TED PATTERSON	(916) 607-3050	JOHN POPADAK (916) 662-0695
<b>State Officers</b>		
STATE PRESIDENT:		RICK KINDLE
REGION 1 DIRECTOR:		HUGH THOMPSON
AREA 4 GOVERNOR:		JACK REEFER
<b>Recruitment, Activities, Member Relations &amp; Publicity (RAMP)</b>		
RECRUITING/PUBLICITY/BIO	PBS TOM PAGE	(916) 488-6465
ACTIVITIES	PBS JERRY SCHROEDER	(916) 801-2530
MEMBERSHIP	JOHN POPADAK	(916) 662-0695
<b>Committee Chairs</b>		
Programs	Alan Weinel	(209) 843-1804
Newsletter	John Popadak	(916) 662-0695
Chaplain	Lieutenant Coopwood	(916) 206-2732
Roster	Alan Weinel	(209) 843-1804
Golf (RC)	Rick Hom	(916) 395-7433
Golf (PGC)	Greg Schweitzer	(916) 687-8629
NCGA Ambas	VACANT	
Bowling	PBS Tom Page	(916) 488-6465
Audit	Bob Sanchez	(916) 996-7342
Nominating	Paul Sickert	(916) 396-6230
Attendance	Allen Riker	(916) 873-3779
Lunch Recptn	Mark Kraut	(916) 929-3494
Orientation	Steve Goodman	(916) 521-6546
Meeting Rev	John Popadak	(916) 662-0695
Sunshine	Lieutenant Coopwood	(916) 206-2732
Web Site	Ross Martin	(916) 427-0559
Book Club	Steve Brandenburg	(916) 765-0585
RAMP	Jerry Schroeder	(916) 801-2530
Information	John Popadak	(916) 662-0695
Cards	Dan Nelson	(916) 895-5673
Walking	Paul Sickert	(916) 396-6230
Wine Tasting	Dennis Kramer	(530) 312-3896
Branch Apprl	<a href="https://sirinc.org/apparel-and-signage">https://sirinc.org/apparel-and-signage</a>	
<b>Honored Members</b>		
<b>HONORARY LIFE MEMBERS</b>		
PBS RON HUTCHESON		
PBS TOM PAGE		
PBS JIM PORTERFIELD		
PRD WARREN SENEGAL		
PBS LENNIE SILVA		
<b>SENIOR CERTIFICATES</b>		
SIR JIM PAGE		
SIR KEN TOWNS		
SIR VERNON FREEMAN		
SIR HEMAN SMITH		
SIR LLOYD PLANK		
SIR CHARLES DANT		

Check out the State SIR newsletter "Happenings" for information about statewide SIR activities and other branches by clicking on the Rooster at the right.

**NON-RESPONSIBILITY DECLARATION:** ALL ACTIVITIES arranged or sponsored by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of its members and their guests who desire to participate. Sons In Retirement Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining in to said activities.

Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date, and giving a valid reason, or did not attend one half of the regular luncheon meetings within the previous twelve consecutive month period. may be notified, by letter, of the pending termination of his membership in SIR. (Rule 60, 100 & 107).



# Annual Holiday Luncheon



Thursday, December 8, 2022  
The Dante Club, 2330 Fair Oaks Blvd.  
Sacramento, Ca.

11:00 Drinks and Conversation

12:00 Lunch

1:00 Dancing to the Band MRQ!

Soft music during lunch, Dancing afterward

- Seating: If you would like to be seated as a group, write on the back of this reservation sheet, otherwise open seating.
- Holiday Luncheon 2022 is open to all members of Branch 69. Wives and guests are encouraged, but not required. Guests such as Widows, Daughters or Friends are always welcome. *Single members are encouraged to attend.* **Dress: Dressy Casual.**
- Program will include members being recognized for significant accomplishments and events, such as a hole-in-one or significant bowling score. Branch activities recognition will also be featured.  
Special gifts and prizes will be provided to the ladies.
- Come be recognized and celebrate!

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## Reservations:

- SIR Name \_\_\_\_\_
- Spouse/Guest(s) \_\_\_\_\_

## Lunch Menu:

### Quantity

- |   |       |   |                |
|---|-------|---|----------------|
| • Tri-Tip/w mushrooms<br>Served with Yukon Golden Mashed Potatoes | _____ | X | \$25 = \$_____ |
| • Pan Seared Salmon<br>Served with Rice Pilaf                     | _____ | X | \$25 = \$_____ |
| • Butternut Squash Ravioli  | _____ | X | \$25 = \$_____ |
|   | TOTAL | = | \$_____        |

\*Each meal is served with a Mixed Green Salad, rolls and butter and Cheesecake.  
Coffee and water will be served at table.

Prepay at October and November Luncheon or make checks payable to SIRS Branch 69, or send or give check to Treasurer, Hal Copperberg, 8015 Garry Oak Drive, Citrus Heights, CA 95610 – ***BY November 23.*** (We **must** give the Dante Club a final count by 11/24)