

Facebook: Pony Express SIR Branch 69

THE MAIL POUGH



The Pony Express Branch #69
June - 2022 Edition





John Popadak, Editor



Message from Mark

It gives me immense pleasure to report we go into the month of June with the membership report of 128 members. We're awfully close to our target of 130 members! THIS IS A KEY GOAL FOR OUR BRANCH!

Our goal this year has been to establish new additional activities for our membership. We are currently meeting that goal by establishing **new activities** for our membership that can enjoyed by all (members and spouses/significant others). Currently we now have:

Card Games (Chair SIR Dan Nelson)

Walks/Hikes (Co-Chaired PBS Paul Sickert & SIR Fred Gordon)

Wine Tasting (SIR Dennis Kramer)

DINE - OUT (BS Mark Steffens)

Coming soon we will be having the opportunity to go to **River Cats** games (Chair SIR Dennis Kramer).

We would also like to establish an Explorers group! Please let me know if you are willing to Co-chair this fantastic exploring group (show I'M DOING MY PART)



We are counting on our membership to make these programs successful by participating. <u>PLEASE</u> invite a guest to any of these activities!

DINE - OUT: Next dinner will be on June 17th at 6:00 pm at the Cattleman's Restaurant in Rancho Cordova.

PICNIC DAY at Carmichael Park on **June 22nd**. See attached flyer.

members for May: SIR Mike Evans (Sponsor SIR Dan Nelson), and SIR Larry Brooks (Sponsor SIR Ron Peters).

Finally, check out SIR Apparel and Signage (Apparel and Signage - SIR (sirinc.org)) you will be amazed on what is Available to our members (personalize Branch 69 shirts and jackets with your name FREE). The Pro-Shop Website can take individual orders. If you order is over \$50 it has free shipping.

Mark Steffens, Big Sir

SAVE THE DATE

June 22 - SIR DAY IN THE PARK PICNIC

Fun for the whole family!

FOOD! GAMES! FOOD! CONTESTS! FOOD! PRIZES! DID I MENTION FOOD?!?

See attached flyer for more INFO

Remember to bring "white elephant" prizes for the gift exchange to LS Alan Weinel at the next SIR luncheon.

Jerry Schroeder, Picnic Organizer Jerry.s2arch@gmail.com 916-801-2530

Alan's Chit-Chat

June is upon us—SUMMERTIME! Michele and I are hosting our German grandson, Julian, for a couple of weeks. Then his brother Christoph will be here. We plan to keep those boys busy sight-

seeing and other activities. THEY are already planning on bicycling to a nearby In-N-Out burger "occasionally". Uh-huh. I am betting on "daily"!

At our luncheon this month we will have Gregg Fishman presenting. Gregg is on the SMUD Board of Directors and will speak about Electric Vehicles and the de-carbonization goals for the Sacramento area.

Have you attended any of the cribbage games at Country Club Lanes? It is a great game and pretty easy to learn. Consider stopping by when you get the chance. Please contact Dan Nelson at 916-895-5673 for additional information. It really is a LOT of fun.

Plans are firming up for the December Ladies holiday luncheon. I have located a band—MRQ—and saw them perform at a winery in Davis. Plenty of old Standards, and they are going to work in some classic rock and roll and some Christmas music. Also note that the annual picnic is coming up. Jerry Schroeder (916-801-2530) has additional information.

Lastly, don't forget that June 14th is flag day.

See you at the June meeting!

Alan Weinel, Little SIR



LS Alan Weinel thanks Gabe Kerschner from Wild Things for his presentation at May's luncheon.

Gabe's Animals







WELCOME NEW MEMBERS!!

SIR Mike Evans

2620 Norwood Ave Sacramento, CA 95815 (916) 212-4192 pparsonsmd@gmail.com Sponsor: Dan Nelson



Originally from Vallejo, California, Mike graduated from Vintage High School in Napa in 1980. He began working after school at the age of 14 for his father's sign company when it was established in 1976. He was a third generation electrical sign fabricator and worked there for 15 years. Mike then ventured out to some of the larger shops like YESCO and Pacific Neon in Sacramento.

Some of Mike's accomplishments as a fabricator included projects like the Orpheum Theater in San Francisco and Tower Records projects along with many neon installations. His opportunity to become an Electrician came in 2000 when he was offered a certified welding position with an Electrical Contractor at the Valero Refinery in Benicia. One year later Mike was tested and became a state certified electrician. He became very involved with Safety controls due to the work environment. Mike became the Safety manager in 2008 and began to rewrite the Safety programs for his employer Guarantee Electrical. In 2012 Mike submitted their programs to Cal-OSHA's Voluntary protection program. They became the first Electrical Contractor in California, and only the second Electrical Contractor in the nation, to receive a VPP Star status.

Mike has a wonderful wife, Rosanna. They've been married over 26 years. His son, Matthew, will graduate at the end of May and he, too, will be a Journeyman Electrician at Valero. Mike enjoys golf and fishing. Now that he has his weekdays free he'll be able to get his boat out during the week without the crowds on the weekends. He's just having trouble figuring out what to do first. He thanks us for accepting him into SIRS BR 69.

Birthday: November 22, 1962

Anniversary: Rosanna, September 23, 1995

SIR Larry Brooks

5911 Newman Court #8 Sacramento, CA 95819 (916) 798-0372 Ifbrooks@att.net Sponsor: Ron Peters



Larry was born in Long Beach and grew up in the Long Beach/Paramount area. After high school, he attended Compton Junior College for a year, left college and got drafted. He went into the Army in August of 1967 and landed in Viet Nam in February of 1968, just as the Tet Offensive was winding down. Larry spent a year in Viet Nam with the 9th Infantry Division in the Mekong Delta area south of Saigon, an area of heavy combat. He returned to the States in June of 1969 and got an early out from the Army to attend Cerritos Junior College.

Larry spent a year at Cerritos and then a semester at Long Beach State before transferring to Chico State College. He graduated from Chico State in 1972 with a degree in Public Administration. Larry then commenced on a career as a city/county planning Director in such diverse areas as Butte County, Paradise, Ft. Bragg, and Maui, Hawaii. He also worked for Ward Connelly for a year before joining his brother's industrial supply business. He finished out his career with this endeavor. Larry also volunteered for many years with a company that provided training in business opportunities for disabled veterans.

Larry has a daughter in Spain, a son in Redding and another son who is finishing grad school in Washington, DC. Larry enjoys golf a lot, though he is fighting back issues that limit his time on the courses. He might even try bowling with our league next fall.

Birthday: September 4, 1948

June Birthdays

Sid Newman	6/2	88 years old
Tom Page	6/2	-
Mas Miyagi	6/7	85 years old
Ken Towns	6/10	94 years old
Vic Scott	6/13	83 years old
Ritchie Carlson	6/14	80 years old
Steve Goodman	6/16	
Pat Quinn	6/18	
Michael Brassil	6/20	
Neal (Real) McCoy	6/20	
Vernon Freeman	6/21	93 years old



June Anniversaries

Doug and Pamela Bailey	6/8	54 years
Ted and Dorothy Patterson	6/9	65 years
Rich and Patti Taylor	6/11	
Jim and Edie Happs	6/12	
Steve and Theresa Eason	6/14	
George and Barbara Ringley	6/14	
Connor and Jean Chin	6/15	
Frank and Donna Adams	6/17	50 Years
Tod Davis and Dorene Fritts	6/19	
Don and Catherine Agostinelli	6/20	52 years
Ed and Jacklyn Linn	6/25	62 years



2023 BEC SLATE OF CANDIDATES FOR SIRS BRANCH 69

The Nominating Committee recommends:

OFFICERS

Alan Weinel Big SIR



Little SIR Jim Happs



Secretary Jim Huffman



Asst. Secretary Bernie Moreno



Treasurer Hal Copperberg



Asst. Treasurer Connor Chin

DIRECTORS

PBS Marek Steffens Term: 2023



Jim Oblizalo



Term: 2021-2023



Ted Patterson Term: 2022-2024



John Popadak Term: 2022-2024



Ron Peters Term: 2023-2025



Paul Sickert Term: 2023-2024





Your 2022 Golf Directors



Lennie Silva—Regular Course



JUNE GOLF

June 2 - Diamond Oaks - Low Net - \$50 w/crt

June 16 - Alister Mackenzie - 1st Rd C/C - \$45

June 30 - Bartley Cavanaugh - 2nd Rd C/C - \$40



BOWLING NEWS

All quiet on the Western front with bowling. Although our league season has ended, Country Club Lanes still has bowling available. There is a drop in league on Tuesdays at noon and no tap bowling on Fridays, also at noon. Several of our avid bowlers participate in these activities.



The State SIR Bowling Committee has several upcoming SIR tournaments on their calendar. Go to the State SIR Bowling website to view the calendar; the entry forms are also on the site.

Earlier this year, the State Sir Bowling Chairman, Dan Weller, presented a huge trophy and plaques to Alex Canada, Bernie Moreno and Mark Steffens for winning a State SIR Bowling Championship last fall. Absent from the presentation was Connor Chin, who was out with injuries. At our May luncheon, Connor was present, so I was able to present to him his plaque for the victory. Congratulations again, Connor and your teammates.

In late June, I will contact all our bowlers to check on their participation in our 2022-2023 bowling league. If you have not bowled with us in the past but might want to join in the fun next fall, let me know of your interest at that time.

Stay safe and stay healthy,

Tom Page, League Secretary 916-488-6465



Greg Schweitzer-Progressive Golf Club

JUNE GOLF

June 13 - Wildhawk - 1st Round Club Championship

June 27 - Wildhawk - 2nd Round Club Championship

WALKERS AND HIKERS

We had our second walk at the North Natomas Regional Park on Wednesday May 25 at 9 a.m. We did our 2.5 miles and were finished early enough to beat the heat in what turned out to be a 100-

degree day. The consensus is to continue these walks weekly, at least until bowling starts.

Bring a friend, this is an Activity open to everyone. Bring water and sunscreen.

We are gathering under the red awnings for the North Natomas Farmers Market space at the south edge of the park at 2501 New Market Drive.

If you have any questions, please call Fred Gordon (916) 607-4178 or Paul Sickert (916) 396-6230. Join us!

Paul Sickert, Walks/Hikes Co-Chair



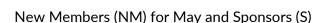
RECRUITING AND PUBLICITY

I met again with Mike Woods of Haggin Oaks/ Morton Golf to consider the possibility of Morton Golf hosting a Senior Golf Equipment Day at the Haggin Oaks Golf complex. Mike likes the concept of a joint senior golfer presentation at Haggin Oaks, but their event planning for the remainder of this year is pretty much complete. We will look again at this idea later this year and see if it would be a possibility for 2023. I'm also exploring display possibilities for our Branch at Haggin Oaks. I'll let all of you know how all this is progressing.

Meanwhile, we added 2 new members to our branch in May. Be sure to read their bios in the newsletter—they are interesting guys. Each Branch 69 member should give some thought to friends, golfing and bowling buddies who might have an interest in our branch. We know how much fun our golf and bowling programs are—we have to share this information with prospective members.

I'm looking forward to seeing all of you at the next luncheon.

Tom Page Recruiting & Publicity Director





BS Mark Steffens Larry Brooks (NM) Dan Nelson (S) Ron Peters (S) Mike Evans (NM)

WINE TASTING



When I was first given this assignment, the approach I took was like the one my wife and I use when going out on our own. Afterall, how hard could it be to get a group of 16 -32 folks together and what winery wouldn't

want to host a group of folks that already enjoyed Wine. To say this has been a learning experience would be an understatement.

With this in mind, here's where we are. A survey of those stating a preference for Wine outings is in progress asking the following. Number 1, how much would you be willing to pay for a "Tasting" and, number 2, how far would you be willing to travel. One experience (a rather unique one) for example charges \$25.00, another is up to \$20.00, in both cases at least 5 wines are offered, and a form of discount is available.

I want to thank a few of the members who have responded so far as well as for the suggestions (please keep those coming) of "venues". All of those will be vetted. For those who have not yet responded I will be on the phone this week calling you. For those not on my preference sheet looking to participate my contact info is as follows; (530)-312-3896 wischixen1@aol.com both work and are checked by me daily. Thank you for your patience something will be scheduled "soon".

Dennis Kramer, Wine Enthusiest



CARD CLUB

The Card Club meets at 2:00 pm on specified Wednesdays at Country

Club Lanes to play cribbage. The dates for cards in June are the 8th, and the 22nd.

We are currently just playing Cribbage but we know some people would like to play Pinochle. Please email me at dan.8733@yahoo.com or phone me at 916-895-5673 and let me know of your interest and we will see about getting started with Pinochle. We can get both games going during the same sessions if we can work it out and I think we can.

Dan Nelson, Card Game Facilitator 916-895-5673



SUNSHINE



Regrettably two of our long-time members passed away in May, Bryan Perrin and Ron Bacher. They will both be fondly remembered.

Mark Steffens has been suffering with Foraminal Stenosis for the past few weeks. Thus, the need to be in a chair most of the time. This has kept him from both bowling and golf.

If you know of any of our members or immediate family with health problems give me a call at (916) 206-2732, or Big SIR Mark Steffens



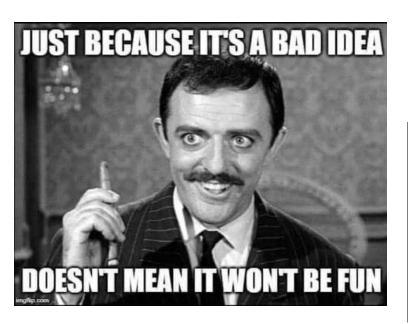
Lieutenant Coopwood, Sunshine Chairman Itcoopjr@gmail.com

2022 ROSTER REPAIRS

Malcolm Geaorge Hill's correct telephone number is (916) 432-0041.

Please send roster corrections to Alan's personal Email account Alan_Weinel@ATT.Net with subject "Roster Correction". Don't forget to update your rosters with new members.

Alan Weinel, Roster Chairman



2022 Officers

BIG SIR MARK STEFFENS (916) 214-8650 LITTLE SIR **ALAN WEINEL** (209) 843-1804 **SECRETARY** JIM HUFFMAN (916) 468-8197 ASST SECRETARY BERNIE MORENO (209) 245-6313 **TREASURER** HAL COPPERBERG (916) 722-2606 ASST TREASURER CONNOR CHIN (916) 601-1854

Directors

PBS PAUL SICKERT (916) 396-6230 STEVE BRANDENBURGER (916) 765-0585 BUD ROGERS (916) 991-2611 JIM OBLIZALO (916) 747-8172 PBS TED PATTERSON (916) 607-3050 JOHN POPADAK (916) 662-0695

State Officers

STATE PRESIDENT: RICK KINDLE
REGION 1 DIRECTOR: HUGH THOMPSON
AREA 4 GOVERNOR: JACK REEFER

Recruitment, Activities, Member Relations & Publicity (RAMP)

RECRUITING/PUBLICITY/BIO PBS TOM PAGE (916) 488-6465 ACTIVITIES PBS JERRY SCHROEDER (916) 801-2530 MEMBERSHIP JOHN POPADAK (916) 662-0695

Committee Chairs

Committee Chairs				
Programs	Alan Weinel	(209) 843-1804		
Newsletter	John Popadak	(916) 662-0695		
Chaplain	Lieutenant Coopwood	(916) 206-2732		
Roster	Alan Weinel	(209) 843-1804		
Golf (RC)	PBS Lennie Silva	(916) 487-9812		
Golf (PGC)	Greg Schweitzer	(916) 687-8629		
NCGA Ambas Jim Huffman		(916) 468-8197		
Bowling	PBS Tom Page	(916) 488-6465		
Audit	Bob Sanchez	(916) 996-7342		
Nominating	Paul Sickert	(916) 396-6230		
Attendance	Allen Riker	(916) 873-3779		
Lunch Recptn Mark Kraut (916) 929-3494				
Orientation	Steve Goodman	(916) 521-6546		
Meeting Rev	John Popadak	(916) 662-0695		
Sunshine	Lieutenant Coopwood	(916) 206-2732		
Web Site	Ross Martin	(916) 427-0559		
Book Club	Bernie Moreno	(209) 245-6313		
RAMP	Jerry Schroeder	(916) 801-2530		
Information	John Popadak	(916) 662-0695		
Branch Apprl https://sirinc.org/apparel-and-signage				

Honored Members

HONORARY LIFE MEMBERS

PBS RON HUTCHESON
PBS TOM PAGE

PBS IOM PAGE
PBS JIM PORTERFIELD
PRD WARREN SENEGAL
PBS LENNIE SILVA

SENIOR CERTIFICATES

SIR JIM PAGE
SIR KEN TOWNS
SIR VERNON FREEMAN
SIR HEMAN SMITH
SIR DON BALDWIN
SIR LLOYD PLANK
SIR CHARLES DANT

Check out the State SIR newsletter "Happenings" for information about statewide SIR activities and other branches by clicking on the Rooster at the right.



NON-RESPONSIBILITY DECLARATION: ALL ACTIVITIES arranged or sponsored by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of its members and their guests who desire to participate. Sons In Retirement Inc, and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining in to said activities.

Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). REQUIRED ATTENDANCE – A member who misses three (3) consecutive luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date, and giving a valid reason, or did not attend one half of the regular luncheon meetings within the previous twelve consecutive month period. may be notified, by letter, of the pending termination of his membership in SIR. (Rule 60, 100 & 107).



TREASURER'S REPORTS



HOW ARE WE DOING?

05/25/2022

	03/23/202	.2	
INCOME Annual Dues Other	*3,050 \$ 365	BUDGET \$3,200 \$ 0	DIFF -\$ 150 \$ 365
TOTAL INCOME	\$3,415	\$3,200	\$ 215
EXPENSES Printing & Postage Officers' Expenses Guest Expenses State Assessment Other, Golf Expo Other, Misc.	\$ 252 \$ 0 \$ 175 \$ 465 \$ 0 \$ 863	\$ 500 \$ 50 \$ 300 \$ 950 \$ 200 \$1,700	\$ 248 \$ 50 \$ 125 \$ 485 \$ 200 \$ 837
TOTAL EXPENSES	\$ 1,755	\$3,700	\$ 1,945
CASH BALANCE AT END OF 2021 \$ 5,260 CURRENT CASH BALANCE \$ 6,920 PROJECTED CASH BALANCE 12/31/2022 \$ 4,760			
PROJECTED 2022 YEAR END MEMBERSHIP 135 PROJECTED CASH BALANCE PER MEMBER \$ 35			

Hal Copperberg, Treasurer

TREASURER'S REPORT - MAY, 2022

Cash Balance 1/1/2022 = \$5,260

	DECEMBER	YTD
Beginning Cash Balance	\$6,740	N/A
Contributions	\$ 355	\$ 3,415
Expenses	\$ 175	\$ 1,755
Ending Cash Balance	\$6,920	N/A
MEMBERSHIP Membership, Gain/Loss	2/-5	128



"I gave my first Treasurer's Report at our condo board meeting tonight but I only pretended to know what I was talking about. Fortunately, the board was only pretending to listen."

SIR BY 69 PICNIC

Wednesday, June 24

10AM-2PM Carmichael Park \$10/person - \$5/ children 12 and under Pay Jerry at June Luncheon

<u>FOOD!</u>

Tri-Tip, BBQ Chicken, Baked Beans, Salads, Water Melon







GAMES!
Pitching Contest
Horseshoes
Bocce Ball

Prizes for all!

