



# THE MAIL POUCH



Website: [branch69.org](http://branch69.org)

The Pony Express Branch #69  
May - 2022 Edition

Facebook: Pony Express SIR Branch 69

John Popadak, Editor



## Message from Mark

Now with daylight savings time and weather getting warmer everyone is looking forward to more outside activities! Both our golf groups are up and swinging!

With glorious pleasure we just had our largest luncheon attendance in last few years on April 14<sup>th</sup>! We had **eighty-six** attending, which is 66% of our membership. The State would like to see us at our minimum goal of 70%, we are close! Our current membership as of April is **131 members**.

**State Golfing** - On April 19<sup>th</sup> and 20<sup>th</sup> was the State Golf Spring Fling in Napa. SIR Joe Bowers, SIR Rex Bowling, SIR Terry Block (I had to withdraw because of Foraminal Stenosis in right leg) played Tuesday, 4-man 2-best ball they finished two strokes out of the money. The State Golf Committee is having their second golfing event of the year in Reno the week of June 13<sup>th</sup>. Check out the attached flyer.

**DINE OUT** - April 7<sup>th</sup>, 30 of us gathered at Taste of Tuscany for a fantastic Italian meal! Our next Dine Out will not be until June. So, if you have suggestions for a restaurant that will hold at least 25 to 30 please share!



**Walks/Hikes** - (Co-Chairs PBS Paul Sickert and SIR Fred Gordon) Thrilled to announce they will have their first walk/hike at the North Natomas Regional Park on **Wednesday, May 18 at 10 a.m.**

**Card Games** - Cribbage has been going amazingly well and we currently have members who don't bowl or golf attending. So, mark your calendar for May 11<sup>th</sup> and May 25<sup>th</sup>, at 2:00 at Country Club lanes in the backroom! Please RSVP SIR Dan Nelson if you do plan attending.

**PICNIC DAY** - Carmichael Park on June 22<sup>nd</sup>. this year your costs will be **\$10.00** and **children under thirteen will be \$5.00**. It is a superb event to bring your family and prospective new members. PBS Jerry Schroeder will continue to update you.

There will be an update at the May 12<sup>th</sup> luncheon on **River Cats** games (Chair SIR Dennis Kramer), and **Wine Tasting** (Chair SIR Dennis Kramer).

**DOING MY PART**: Please welcome our new members for April SIR Robert (Bob) Schrupf (*PBS Tom Page*).

Congratulations SIR Dan Nelson for receiving our newest award **"I'M DOING MY PART"**. as you know Dan started this year an original activity: Card Games. It has been an enormous success with members and guests excited about getting together and playing cards.



Finally, check out SIR Apparel and Signage ([Apparel and Signage - SIR \(sirinc.org\)](http://Apparel and Signage - SIR (sirinc.org))) you will be amazed on what is available to our members (personalize Branch 69 shirts and jackets with your name FREE). The Pro-Shop Website can take individual orders. If you order is over \$50 it has free shipping.

**Mark Steffens, Big Sir**



**May 12th Luncheon Menu**

Wild Mushroom Soup, Grilled Tri-Tip with Red Wine Demi Sauce, Herb Roasted Red Potatoes, Seasonal Vegetables, Dinner Rolls with Butter, and Chef's Choice Dessert



### Alan's Chit-Chat

Happy May. Ready for summer? Although the temperatures are mild now, it is on the way! We had a nice visit with our daughter and son-in-law the past two weeks. They live near Mainz, Germany. She started out as an exchange student and met her future husband (who is German) at the university. Mainz is west of Frankfurt, across the Rhine from Wiesbaden. Later this month we will also have both of their sons visit for a while — Julian and Christoph. Being a grandparent is GREAT.

This month we will have a presenter from Wild Things. ALWAYS a treat. I have NO IDEA what animals they will bring, but I'll bet it will be cool.

Have you attended any of the cribbage games at Country Club Lanes? It is a great game and pretty easy to learn. Consider stopping by when you get the chance. Please contact Dan Nelson at 916-895-5673 for additional information. It really is a LOT of fun.

Plans are already underway for the December Ladies holiday luncheon. I am in the process of lining up a band. More information to come in a few months. Also note that the annual picnic is coming up. Jerry Schroeder (916-801-2530) has additional information.

Lastly, and perhaps most importantly, if you have a special lady in your life, remember that May 8th is Mother's Day. Michele loves the chocolate dipped strawberries from Edible Arrangements. YOU are on your own!

See you at the May meeting!

**Alan Weinel, Little SIR**



April's presenters on "The Vial of Life" project.

## May Birthdays

<b>Floyd Scott</b>	<b>05/05</b>	<b>85 Years</b>
Glen Halvorsen	05/07	
Ted Machado	05/10	
<b>Ted Patterson</b>	<b>05/15</b>	<b>84 Years</b>
Alex Canada	05/18	
Jim Sprifke	05/22	
<b>Frank Adams</b>	<b>05/24</b>	<b>81 Years</b>
Paul Parsons, MD	05/26	
Ray Price	05/27	
Bill Pritchett	05/29	
Blake Thomson	05/30	



## May Anniversaries

Joe & Karon Bowers	05/04	
Jim & Lauren Luttig	05/07	
Tom & Vanessa Mezzanares	05/13	
Ernie & Sylvia Shell	05/21	
Tom & Joanne Page	05/21	
Ray & Linda Price	05/23	
Bryan & Carol Perrin	05/25	
Dennis & Kitty Kramer	05/26	
<b>Sidney &amp; Ella Newman</b>	<b>05/26</b>	<b>70 Years</b>
Bob & Kathy Schrupf	05/26	



# WELCOME!!

## SIR Robert (Bob) Schrumph

5418 Lequel Way  
Carmichael, CA 95608  
(916) 897-7114  
rschrumph@hotmail.com  
Sponsor: Tom Page



Robert was born and raised in Redding, CA, the oldest of 3 boys. After high school, Bob went to college at UC Berkeley for a year. After majoring in ping-pong (and not much else), he moved back home and attended the local community college in Redding. He then transferred to Chico State (his 3<sup>rd</sup> college) for his last two college years, and got his BS in Business (a degree in just 4 years, even with the bouncing around). Bob really enjoyed studying business at Chico, and even took extra Business classes as electives. He took every Business class available, except for Business insurance. After that, Robert moved down to the big city of Sacramento to start his career in insurance (of course, being the only class he didn't take).

Robert was an Insurance auditor for about 40 years, working for numerous insurance companies during that time.

Bob has been married to Kathy for over 42 years and they have one son, David, who is an adjunct professor, teaching history at the community college level in the Sacramento area.

Robert's folks were terrific bowlers up in Redding, so he has done some bowling in the past. When he was about 12, they joined the local golf country club in Redding, so everyone took up golf. Bob's middle brother, Mark, was a club pro up at River Bend in Redding. Lastly, Robert is a "gamer" and enjoys all sorts of card games and other activities, so he is looking forward to trying golf, bowling and cribbage.

Birthday: November 10, 1954  
Anniversary: Kathy, May 26, 1979

## RECRUITING AND PUBLICITY

I recently met with Mike Woods of Haggin Oaks/Morton Golf to consider the possibility of Morton Golf hosting a Senior Golf Equipment Day at the Haggin Oaks Golf complex. Aside from the obvious benefit to senior golfers, just as we benefited from Mike's talk at our October luncheon, our branch members could be there to tout the advantages of joining Branch 69 and our golf programs. The details of hosting an event of this type are a lot more complex than first meets the eye, but Mike and I had a great talk on the subject. Mike will discuss it further with other Morton Golf team members. I'll let you know of further news on this recruiting opportunity as I learn it.

Meanwhile, we added another new member to our branch in April. Each Branch 69 member should give some thought to friends, golfing and bowling buddies who might have an interest in our branch. We know how much fun our golf and bowling programs are - we have to share this information with prospective members.

I'm looking forward to seeing all of you at the next luncheon.

### *Tom Page Recruiting & Publicity Director*



**WE NEED  
YOU!**

Your SIR Branch needs two volunteers to be Directors for next year.

A Branch Director is a Branch Officer and member of the Branch Executive Committee (BEC). He has equal voting rights with other members of the committee and shares equal responsibility for the conduct of all Branch operations and activities. A Branch Director serves one-year terms and no more than three consecutive terms. (MPP Policy 31) For more information, please contact Paul Sickert at (916) 396-6230 or at paulsickert3787@gmail.com.



## Your 2022 Golf Directors

**Lennie Silva—Regular Course**



**Greg Schweitzer—Progressive Golf Club**



### MAY GOLF

May 5 - Empire Ranch - Low Net - \$53 w/crt

May 19 - The Reserver - Low Net - \$58 w/crt

May 26 - Dry Creek - Low Net - \$45 w/crt

### MAY GOLF

May 10 - River Oaks - Stroke Play - Forward Tees

May 23 - Alister Mackenzie - Stroke Play



To All Sir Golfers & Quests, The State Golf Committee would like to invite you to our second golfing event of the year to be held in Reno the week of June 13th. This four day event includes a welcome reception, a choice of either two or three days of golf and an awards banquet the last evening of the event. The ATLANTIS Hotel and Casino will again be our host hotel. For more details on this event see attached flyer. You can also find more information on other future events, golf committee member contact information, golf policies and so much more by clicking on the State Golf website tab below or by entering "www.sirgolf.org" on your computer, tablet or phone.

Look forward to seeing you all in Reno and at our other events throughout the year.

The 2022 SIR State Golf Committee  
Mark Stuart, State Golf Chair  
916 218-2287



## Devices used to find water



## WALKERS AND HIKERS



We will have our first walk/hike at the North Natomas Regional Park on Wednesday, May 18 at 10 a.m. This is a nice flat 2.5 mile walk with places nearby to gather afterwards.

We will meet at the benches near the parking lot on the south edge of the park at 2501 New Market Dr. which is off Del Paso Road.

Bring a friend, this is an Activity open to everyone. Bring water and sunscreen.

If you have any questions, please call Fred Gordon (916) 607-4178 or Paul Sickert (916) 396-6230. Join us!

Paul Sickert, Walks/Hikes Co-Chair



## BOWLING NEWS

We finished our SIR Branch 69 & Friends league bowling in mid-April. The competition was close all year - the finish kept up to that high standard. The Championship final was between team Cinco (Pat Quinn, Nick Doiron, Erle Hansen and Captain Steve Eason) and team 6 (Jerry Buhlert, Ken Towns, Mas Miyagi and Captain George Langford). The contest came down to the last bowler in the last frame of the last game! Steve Eason finished his 10<sup>th</sup> frame with 2 strikes and a good count to have his team win by 5 pins - can't get and closer than that. Congratulations to team Cinco for their win and to team 6 for their very close finish in second.



### Team Cinco



Pat Barrett finished the year as the league's top bowler with a 209 average. Jim Smalling had the best scratch game with a perfect 300. Pat Barrett also had the top scratch series with a 719 effort, while Ted Patterson had the best handicap game with 278 and Steve Eason had the best handicap series with a 824 total.

Fred Gordon was the league's most improved bowler, starting at a 120 average and finishing with 146. We had 3 age bracket awards for high game over average: Pat Quinn topped the under 70 category with a 253 game (84 pins over his average), Ron Peters won the 70-79 year group with a 203 game (85 pins over his average) and Mas Miyagi topped the 80+ group with a 211 (69 pins over his average). Great bowling, guys, and congratulations to you all. **I should also mention that, at our awards ceremony, we passed out \$6,000 in prize money to the league bowlers!**

I owe many thanks to Bobbi Nicholson and Chris Alvarez of Country Club Lanes for their continued support for our league activities. Year after year, CCL and their staff are there to welcome us and to provide great help to our league. Also, running the league is a team effort, headed by League President Dick Borah (who also ran the side pot betting all year), Vice-President Bud Rogers, Treasurer Jerry Buhlert and Assistant Treasurer Hal Copperberg. These are the men who have spent considerable time and effort to help our league achieve such a high level of success and fun. Also, at the awards ceremony, we held a moment of remembrance for our friend Pietro Pozzuto, who passed away during the season this year.

In late June, I will contact all our bowlers to check on their participation in our 2022-2023 league. If you have not bowled with us in the past but perhaps might want to join in the fun next fall, let me know of your interest at that time.

**Tom Page, League Secretary 916-488-6465**

## SAVE THE DATE

### June 22 - SIR DAY IN THE PARK

We will resume having our annual picnic at Carmichael Park. Fun for the whole family!

**FOOD! GAMES! FOOD! CONTESTS! FOOD! PRIZES!  
DID I MENTION FOOD?!?**

FOOD: BBQ Tri-Tip, Chicken, Potato Salad, Tossed Salad, BBQ Baked Beans, Corn Muffins, and Watermelon.

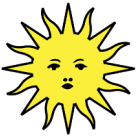
GAMES: Bocce Ball, Cribbage, Golf Pitching.

See attached flyer for task assignments.

Remember to bring "white elephant" prizes for the gift exchange to LS Alan Weinel at the next SIR luncheon.

**Jerry Schroeder, Picnic Organizer**  
**Jerry.s2arch@gmail.com**  
**916-801-2530**





## SUNSHINE



Don Nuefeld is going through chemo treatment and is responding well. He was able to attend the last luncheon in April and hopes to be at the next luncheon.

Joseph Cain is doing better with his treatments and although he has been absent from many of the luncheons, as well as he's a transfer from another SIR's group, he hopes to start participating soon. We look forward to him joining us again.

If you know of any of our members or immediate family with health problems give me a call at (916) 206-2732, or Big SIR Mark Steffens



**Lieutenant Coopwood,  
Sunshine Chairman  
ltcoopjr@gmail.com**

### 2022 ROSTER REPAIRS

Malcolm George Hill's correct telephone number is (916) 432-0041.

Please send roster corrections to Alan's personal Email account Alan\_Weinel@ATT.Net with subject "Roster Correction". Don't forget to update your rosters with new members.

**Alan Weinel, Roster Chairman**



### CARD CLUB

The Card Club meets at 2:00 pm on specified Wednesdays at Country Club Lanes to play cribbage. The next games are scheduled for May 11th and the 25th.

**Dan Nelson, Card Game Facilitator  
916-895-5673**



<b>2022 Officers</b>		
BIG SIR	MARK STEFFENS	(916) 214-8650
LITTLE SIR	ALAN WEINEL	(209) 843-1804
SECRETARY	JIM HUFFMAN	(916) 468-8197
ASST SECRETARY	BERNIE MORENO	(209) 245-6313
TREASURER	HAL COPPERBERG	(916) 722-2606
ASST TREASURER	CONNOR CHIN	(916) 601-1854
<b>Directors</b>		
PBS PAUL SICKERT	(916) 396-6230	STEVE BRANDENBURGER (916) 765-0585
BUD ROGERS	(916) 991-2611	JIM OBLIZALO (916) 747-8172
PBS TED PATTERSON	(916) 607-3050	JOHN POPADAK (916) 662-0695
<b>State Officers</b>		
STATE PRESIDENT:		RICK KINDLE
REGION 1 DIRECTOR:		HUGH THOMPSON
AREA 4 GOVERNOR:		JACK REEFER
<b>Recruitment, Activities, Member Relations &amp; Publicity (RAMP)</b>		
RECRUITING/PUBLICITY/BIO	PBS TOM PAGE	(916) 488-6465
ACTIVITIES	PBS JERRY SCHROEDER	(916) 801-2530
MEMBERSHIP	JOHN POPADAK	(916) 662-0695
<b>Committee Chairs</b>		
Programs	Alan Weinel	(209) 843-1804
Newsletter	John Popadak	(916) 662-0695
Chaplain	Lieutenant Coopwood	(916) 206-2732
Roster	Alan Weinel	(209) 843-1804
Golf (RC)	PBS Lennie Silva	(916) 487-9812
Golf (PGC)	Greg Schweitzer	(916) 687-8629
NCGA Ambas	Jim Huffman	(916) 468-8197
Bowling	PBS Tom Page	(916) 488-6465
Audit	Bob Sanchez	(916) 996-7342
Nominating	Paul Sickert	(916) 396-6230
Attendance	Allen Riker	(916) 873-3779
Lunch Recptn	Mark Kraut	(916) 929-3494
Orientation	Steve Goodman	(916) 521-6546
Meeting Rev	John Popadak	(916) 662-0695
Sunshine	Lieutenant Coopwood	(916) 206-2732
Web Site	Ross Martin	(916) 427-0559
Book Club	Bernie Moreno	(209) 245-6313
RAMP	Jerry Schroeder	(916) 801-2530
Information	John Popadak	(916) 662-0695
Branch Apprl	<a href="https://sirinc.org/apparel-and-signage">https://sirinc.org/apparel-and-signage</a>	
<b>Honored Members</b>		
<u>HONORARY LIFE MEMBERS</u>		
PBS RON HUTCHESON		
PBS TOM PAGE		
PBS JIM PORTERFIELD		
PRD WARREN SENEGAL		
PBS LENNIE SILVA		
<u>SENIOR CERTIFICATES</u>		
SIR JIM PAGE		
SIR KEN TOWNS		
SIR VERNON FREEMAN		
SIR HEMAN SMITH		
SIR DON BALDWIN		
SIR LLOYD PLANK		
SIR CHARLES DANT		

Check out the State SIR newsletter "Happenings" for information about statewide SIR activities and other branches by clicking on the Rooster at the right.

**NON-RESPONSIBILITY DECLARATION:** ALL ACTIVITIES arranged or sponsored by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of its members and their guests who desire to participate. Sons In Retirement Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining in to said activities.

Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date, and giving a valid reason, or did not attend one half of the regular luncheon meetings within the previous twelve consecutive month period. may be notified, by letter, of the pending termination of his membership in SIR. (Rule 60, 100 & 107).



# TREASURER'S REPORTS



## HOW ARE WE DOING?

04/20/2022

INCOME	<u>ACTUAL</u>	<u>BUDGET</u>	<u>DIFF</u>
Contributions	\$2,875	\$3,200	-\$ 325
Other	\$ 185	\$ 0	\$ 185
<b>TOTAL INCOME</b>	<b>\$3,060</b>	<b>\$3,200</b>	<b>-\$ 140</b>
<b>EXPENSES</b>			
Printing & Postage	\$ 252	\$ 500	\$ 248
Officers' Expenses	\$ 0	\$ 50	\$ 50
Guest Expenses	\$ 150	\$ 300	\$ 150
State Assessment	\$ 465	\$ 950	\$ 485
Other, Golf Expo	\$ 0	\$ 200	\$ 200
Other, Misc.	\$ 713	\$1,700	\$ 987
<b>TOTAL EXPENSES</b>	<b>\$ 1,580</b>	<b>\$3,700</b>	<b>\$ 2,120</b>
CASH BALANCE AT END OF 2021			\$ 5,260
CURRENT CASH BALANCE			\$ 6,740
PROJECTED CASH BALANCE 12/31/2022			\$ 4,760
PROJECTED 2022 YEAR END MEMBERSHIP			135
PROJECTED CASH BALANCE PER MEMBER			\$ 35

***Hal Copperberg, Treasurer***

## TREASURER'S REPORT - APRIL, 2022

Cash Balance 1/1/2022 = \$5,260

	<u>DECEMBER</u>	<u>YTD</u>
Beginning Cash Balance	\$6,981	N/A
Contributions	\$ 280	\$ 3,060
Expenses	\$ 521	\$ 1,580
Ending Cash Balance	\$6,740	N/A
<b><u>MEMBERSHIP</u></b>		
Membership, Gain/Loss	1/-0	131

ATLANTIS CASINO RESORT SPA IS PROUD TO HOST

# RENO

SIR GOLF TOURNAMENT

## TOURNAMENT DATE

Monday – Friday, June 13 – 17, 2022

### Courses:

Day 1 - Tuesday, June 14 - Lakeridge Golf Course - 8:30 am shotgun

Day 2 - Wednesday, June 15 - Toyabie Golf Club - 8:30 am shotgun

Day 3 - Thursday, June 16 - Wolf Run Golf Course - 8:45 am shotgun

3-day scramble format - men and women

There will be no separate buy-in.



\$200 Daily  
Hole-In-One  
Prize

Prizes Paid  
to 30% of  
The Field

Daily  
Closest-To-The  
Hole Prize

\$7,000\*  
PRIZE POOL  
with full field

Buy-in  
included with  
entry fee

## Three Day Golf Package Pricing

*(Includes applicable fees and taxes)*

SINGLE GOLFER:	\$781 per person
TWO GOLFER:	\$576 per person
SINGLE GOLFER + NON-GOLFER GUEST:	\$891 per couple
GOLF + BANQUETS ONLY:	\$305 per person

## Two Day Golf Package Pricing

*(Does not include Golf Wednesday 6/15)*

SINGLE GOLFER:	\$710 per person
TWO GOLFER:	\$505 per person
SINGLE GOLFER + NON-GOLFER GUEST:	\$819 per couple
GOLF + BANQUETS ONLY:	\$235 per person

All packages include 4 nights in the Atlantis Tower, Welcome Reception, private social hours, awards banquet dinner, 3 days of golf per paid golfer (2 days of golf per paid golfer for Two Day Golf Package), \$20 in Free Play (Must be a member of Monarch Rewards to redeem.)

## Not playing golf this trip? No problem.

There are plenty of things to see and do in and around the Atlantis and beautiful Reno-Tahoe. Try your luck on one of our 1,400 slot machines or dozens of table games. At the Race & Sports Book you can immerse yourself in the incredible array of wall-to-wall 75" LED flat screens and two huge 13'x7' LED screens and a daily happy hour starting at 3PM! Need to relax? Even if you aren't swinging a club our Forbes Travel Guide Four-Star Spa offers a place for personal rediscovery, solace and healing. Be sure to check out the "Wildest, Richest Rodeo in the West" at the Reno Livestock Events Center as the Reno Rodeo turns 103 years old, starting Thursday, June 16, 2022.

**BOOK NOW!**  
Please call 800.723.6500





## 2022 SIR DAY IN THE PARK – June 22

**JERRY SCHROEDER:** Overall management. Provide picnic supplies, food, ice, and water, bring horseshoes, setup.

**BIG SIR:** Give welcoming speech @ 12:00 AM. Trivia Pursuit

**LITTLE SIR:** Bring re-gifts, monitor field games/schedule. Collect names of winners. Announce winners.

**JOHN POPADAK:** Place directional signs along park roadways by 9:30 AM.

**TOM & JOANNE PAGE:** Provide 2 coolers, 1 lemonade dispenser. help serve food. Has frame & sign for pitching game.

**JOE BOWERS:** Grill master, purchase tri-tip and chicken:

**JIM HUFFMAN:** Assistant Grill Masters.

**PAUL SICKERT:** Assistant Grill Master

**JERRY & LINDA SCHROEDER:** BBQ Baked Beans

**BUD & ROMELLE ROGERS:** 48 corn muffins

**MARK STEFFANS:** 48 corn muffins

**Need:** Potato Salad (Someone agreed to do this, name not clear)

**BOB CLANTON:** Tossed Salad

**TOM COSTELLO:** Watermelon

**JERRY SCHROEDER:** Provide name tags

**DICK BORAH:** Set up golf pitching game and monitor winners.

**BOB & PAULETTE SANCHEZ:** Bocce ball game

**DAN NELSON:** Games, Cribbage, etc.

**SET UP MUST BE COMPLETED BY 10:00 AM**