



# THE MAIL POUCH



The Pony Express Branch #69  
May — 2021 Edition



John Popadak, Editor



## Sickert Says

The State Sir has recently issued three new protocols to govern branch activities effective May 1, 2021. The protocols are titled, "Branch Protocols for Minimizing COVID-19 Liability;" "State Protocols for Minimizing COVID-19 Liability," and "Sir Event Waiver and Release of Liability for Exposure to COVID-19." State Sir's Liability Insurance Carrier has discontinued coverage for pandemic diseases such as COVID-19.

As a result, as a condition for being admitted to any Sirs branch indoor event, such as a luncheon, it is required that members, guest speakers, and all other attendees be fully vaccinated. In the alternative, if not vaccinated, attendees can attend Sir indoor activities if they provide proof of a negative COVID-19 test taken within 3 days prior to the event they want to attend.

To ensure compliance with these requirements, attendees will be required to show their vaccination card or test result documentation as a condition of attendance. "If the attendee does not produce the documentation when required, access to the event will be denied." Branches will maintain a list of members that have submitted proof of vaccination and use it to check them in for any branch activity involving any indoor components.

All attendees for Sir indoor or outdoor activities will also be required to sign the "Sir Event Waiver and Release of Liability for Exposure to Covid-19." The waiver need only be executed once by a member and a copy will be retained by the branch.

Almost two-thirds of Branch 69 members have been vaccinated. If there are any of you who still have not been vaccinated, want to be, and want assistance to find a vaccination clinic, please contact me.

Branch 69 recently met with the Carmichael Elks Lodge to discuss the resumption of Sirs luncheons. Still early days yet but at least it is something that we all can begin thinking about.

*(Continued on Page 2)*



## Mark's Talk

**Absolutely Amazing!** I'm sorry if you missed last month's presentation from Past BS Michael Barrington. He spoke on his recently published historical novel, "*Let the Peacock Sing*" (2020). This is an historical novel set against the backdrop of the French Resistance during World War II. So if you are a history buff, this is the book you should be checking out next on Amazon or at your local bookstore.

**Our speaker for May 13<sup>th</sup> will be Saige White from Cosumnes River Preserve.** The Cosumnes River Preserve consists of over 50,000 acres of wildlife habitat and agricultural lands owned by seven land-owning Partners. The Partners include The Nature Conservancy, Bureau of Land Management, California Department of Fish & Wildlife, Sacramento County Regional Parks, Department of Water Resources, Ducks Unlimited, and the California State Lands Commission. The Cosumnes River Preserve encompasses and protects thousands of acres of wetlands and adjacent uplands. These lands, once considered insect ridden, unattractive, and even dangerous, today are recognized as beautiful places with important roles in local and global ecology. Both the River Walk Trail and Wetlands Walk Trail are easily accessed from the trailhead just north of the Visitor Center.

Our June 10<sup>th</sup> speaker will be Ingrid DeVore from the Coalition of Concerned Medical Professionals. Concerned Medical Professionals (CCMP) is an all-volunteer effort, rooted in the community, founded in the Bay Area in 1976. CCMP is independent from government funding or any funding with strings attached. CCMP's membership includes physicians, dentists, nurses, podiatrists, pharmacist, optometrist, optician's, physical therapist, any other volunteers striving to establish comprehensive approach to preventive health care for people whose health care is inadequate.

*(Continued on Page 2)*

## Sickert Says (Continued)

The Branch still needs members to volunteer to be the Assistant Secretary, the Membership Chairman, and we need 2 Directors to the Branch Executive Committee to begin in 2022. The duties for these positions are not particularly difficult, complex or time consuming but important to the functioning of the branch. Please consider doing your part to support the operation of the branch.

Thank you.

*Paul Sickert, Big Sir*

# WELCOME!!

### SIR ADCKINGO ESUTOKI

10667 Northslope Dr.  
Kelseyville, CA 95451  
(707) 318-7166 sirbranch168@gmail.com  
Sponsor: Jimmy Buckley



Adckinjo was born and raised in New York. He moved to Santa Rosa, California in 1976 after transferring from Tonawanda, New York while working for AT&T. Adckinjo was assigned work from Petaluma to Arcata and many towns between the Hwy1 and the Hwy101 corridor, where he found rural life suited him. He held several jobs in his working life, finishing up with AT&T from which he retired in 2002 after 33 years with the company.

Much of Adckinjo's bio information concerns his involvement with Sons In Retirement, where he has been VERY active. He joined Branch 174 in the Kelseyville area in 2004. A month later, the branch needed a Little Sir and Adckinjo agreed to fill the position. The next year, of course, he was Big Sir. He moved to Branch 168 in 2006, where he volunteered to be branch secretary in 2008, webmaster in 2014 and 2018, branch secretary again in 2017, and member relations chair in 2020. He also served as Area Governor in 2012 for 2 years, Assistant Parliamentarian in 2020. He is currently the Area Governor in Area 9 and a State Parliamentarian.

Adckinjo has two children and one grandchild. He plays some golf and is interested in cards, computers, technology and looks forward to attending SIR Branch Executive Committee meetings.

Birthday: January 27 (year not specified)  
Anniversary: September 3, 2008 Louveina

## Mark's Talk (Continued)

Finally, check out SIR Apparel and Signage ([Apparel and Signage - SIR \(sirinc.org\)](http://Apparel and Signage - SIR (sirinc.org))) you will be amazed on what is Available to our members (personalize Branch 69 shirts and jackets with your name FREE) . The Pro-Shop Website can take individual orders. If you order is over \$50 it has free shipping. Will have my own new shirt and hat by this meeting.

*Mark Steffens, Little Sir*

### May Birthdays

<b>Floyd Scott</b>	<b>05/05</b>	<b>84 Years</b>
Glen Halvorsen	05/07	
Ted Machado	05/10	
<b>Ted Patterson</b>	<b>05/15</b>	<b>83 Years</b>
Alex Canada	05/18	
<b>Jerry Deuser</b>	<b>05/21</b>	<b>84 Years</b>
Jim Sprifke	05/22	
Ray Price	05/27	
Bill Pritchett	05/29	
Blake Thomson	05/30	



### May Anniversaries

Joe & Karon Bowers	05/04	
Jim & Lauren Luttig	05/07	
Tom & Vanessa Mezzanares	05/13	
Ernie & Sylvia Shell	05/21	
Tom & Joanne Page	05/21	
Ray & Linda Price	05/23	
Bryan & Carol Perrin	05/25	
<b>Sidney &amp; Ella Newman</b>	<b>05/26</b>	<b>69 Years</b>



## Your 2021 Golf Directors



**Lennie Silva—Regular Course**

### MAY GOLF

May 6 - Micke Grove - Low Net - Green fees, cart & prize fund is \$41

May 20 - Bartley Cavanaugh - Low Net - Green fees & prize fund is \$33

May 27 - Empire Ranch - Low Net - Green fees, cart & prize fund is \$50

Remember: Dan Nelson will be posting your scores.

## RECRUITING AND PUBLICITY



Our branch is finally showing signs of social life, what with SIR golf programs back in action. This is a very positive step on the path to getting back to all our branch activities.

We still don't have our luncheons yet, but we did add a member in April, Adckinjo Esutoki. Be sure to read his bio in this newsletter. Also, when you sign up for golf tournaments, think about friends who might benefit from our SIR activities. Perhaps you could have a friend play as a guest in a tournament, one of our best recruiting methods. It's always good to keep our recruiting in mind!

As you can read in my bowling article this month, bowling is close to returning at Country Club Lanes. We're hoping to see informal, fun league bowling soon, maybe by the time this newsletter is out, and a return to regular league bowling next fall. All this hope is based on further progress in fighting the Covid-19 pandemic. I'm happy to see how many of our SIR members have gotten their vaccines—this is the best way to stay safe and healthy.

Stay safe and healthy,

**Tom Page Recruiting & Publicity Director**



### 2021 ROSTER REPAIRS

None noted this month. Please send corrections to Alan's personal Email account Alan\_Weinel@ATT.Net with subject "Roster Correction".



**Greg Schweitzer—Progressive Golf Club**

### MAY GOLF:

May 10	Davis	Stroke Play
May 24	Wildhawk	Stroke Play

Team entries for the SIR State Qualifier are due



## BOWLING NEWS



Bowling activity is starting to show some life, at least a little. Strikes in Rocklin is now open, joining Fireside in Orangevale, Nu Generations in Yuba City and Knotty Pines Bowl in Pollock Pines with some amount of bowling.

What about Country Club Lanes? I talked again with a senior CCL representative recently; Country Club is about to open for bowling again, but the details are not completely clear. Sacramento County has to get below a certain level of Covid-19 infections in order to move to the Orange Tier. Right now, we're still at the Red Tier. Sac County is close to the Orange Tier, but it's not quite there yet. Once CCL opens, perhaps later in April, they will probably operate evenings during the week and all day Saturday and Sunday. There is a possibility that CCL will have a No Tap league Wednesday for SIR members. I will send out an email to our bowling community when I learn more.



Meanwhile, quite a few Branch 69 bowlers will be bowling at the State SIR tournament at Knotty Pines Bowl at the end of April. I will post the results next month. Future State SIR tournaments will be listed on the State SIR website.

As I mentioned in April, you have to renew your USBC membership to participate in any tournament or summer league play. You can do the renewal by accessing the Bowl.com website and following the "Join" button instructions. You will have to renew again in the fall in order to compete in league play. Also, all our bowling averages from the shortened season last year are posted on the Bowl.com website. I renewed my USBC membership in March and recently received my new member card.

Depending on the success of the California Covid-19 vaccination program and its effect on the pandemic, I am planning to start contacting our bowlers in June in order to set up our teams for league play next fall. I hope I can remember how to do everything! Let's hope the pandemic gets under control and we can enjoy our bowling league again.

**Tom Page, League Secretary 916-488-6465**



## HOW ARE WE DOING?

04/11/2021

INCOME	ACTUAL	BUDGET	DIFF
Contributions	\$1,785	\$2,100	\$ 315
Other	\$ 0	\$ 0	\$ 0

**TOTAL INCOME \$1,785 \$2,100 \$ 315**

### EXPENSES

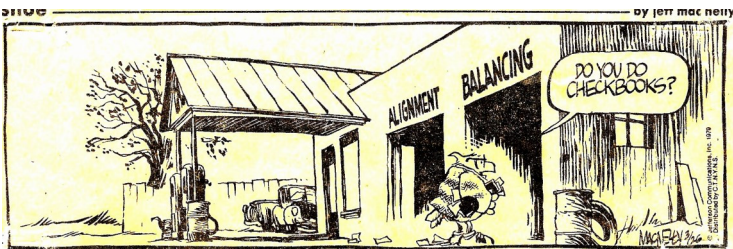
Printing & Postage	\$ 0	\$ 500	\$ 500
Officers' Expenses	\$ 42	\$ 50	\$ 8
Guest Expenses	\$ 0	\$ 200	\$ 200
State Assessment	\$ 254	\$ 800	\$ 546
Other, Golf Expo	\$ 0	\$ 200	\$ 200
Other, Misc.	\$ 75	\$1,475	\$1,400

**TOTAL EXPENSES \$ 371 \$3,225 \$ 2,854**

CASH BALANCE AT END OF 2020	\$ 4,486
CURRENT CASH BALANCE	\$ 5,900
PROJECTED CASH BALANCE 12/31/2021	\$ 3,361

PROJECTED 2021 YEAR END MEMBERSHIP	150
PROJECTED CASH BALANCE PER MEMBER	\$ 22

*Hal Copperberg, Treasurer*



## SUNSHINE



Nothing new has been reported to me since the last newsletter, my wife and I join those of you who have been fully vaccinated and I for one am eagerly looking forward to the return of our luncheon meetings.

*Stay Safe, Be Well.*

**Bill Nichols, Sunshine Chairman**

**916-844-9382 (OK to text)**

**Notaford64@gmail.com**

### 2021 Officers

BIG SIR	PAUL SICKERT	(916) 396-6230
LITTLE SIR	MARK STEFFENS	(916) 214-8650
SECRETARY	PAT QUINN	(916) 201-5262
ASST SECRETARY	RON HUTCHESON	(916) 897-2807
TREASURER	HAL COPPERBERG	(916) 722-2606
ASST TREASURER	ALAN WEINEL	(209) 843-1804

### Directors

PBS JIM BUCKLEY	(916) 284-2364	STEVE BRANDENBURGER	(916) 765-0585
BUD ROGERS	(916) 991-2611	JIM OBLIZZALO	(916) 747-8172

### State Officers

STATE PRESIDENT:	STUART (STU) WILLIAMS
REGION 1 DIRECTOR:	DAVE GONZALES
AREA 4 GOVERNOR:	HUGH THOMPSON

### Recruitment, Activities, Member Relations & Publicity (RAMP)

RECRUITING/PUBLICITY/BIO	PBS TOM PAGE	(916) 488-6465
ACTIVITIES	PBS JERRY SCHROEDER	(916) 801-2530
MEMBERSHIP	JOHN POPADAK	(916) 662-0695

### Committee Chairs

Programs	Mark Steffens	(916) 396-6230
Newsletter	John Popadak	(916) 662-0695
Chaplain	Bill Nichols	(916) 844-9382
Roster	Alan Weinel	(209) 843-1804
Golf (BR69/RC)	PBS Lennie Silva	(916) 487-9812
Golf (PGC)	Greg Schweitzer	(916) 687-8629
Bowling	PBS Tom Page	(916) 488-6465
Audit	Don Neufeld	(916) 863-5228
Nominating	Ron Hutcheson	(916) 897-2807
Nominating	John Popadak	(916) 662-0695
Attendance	TBD	
Orientation	Steve Goodman	(916) 521-6546
Branch Apparel	TBD	
Meeting Review	John Popadak	(916) 662-0695
Sunshine	Bill Nichols	(916) 844-9382
Lunch Reception	Ron Bacher	(916) 422-5583
Web Site	Ross Martin	(916) 427-0559
Book Club	Bernie Moreno	(209) 245-6313
RV	Bob Houghton	(916) 487-1190
NCGA Ambassador	Jim Huffman	(916) 468-8197
RAMP	Jerry Schroeder	(916) 801-2530

### Honored Members

### HONORARY LIFE MEMBERS

PBS RON HUTCHESON
PBS TOM PAGE
PBS JIM PORTERFIELD
PRD WARREN SENEGAL
PBS LENNIE SILVA

### SENIOR CERTIFICATES

SIR JIM PAGE
SIR KEN TOWNS
SIR VERNON FREEMAN
SIR HEMAN SMITH
SIR DON BALDWIN
SIR LLOYD PLANK
SIR CHARLES DANT

## TREASURER'S REPORT – APRIL, 2021

**Cash Balance 1/1/2021 = \$4,486**

	APRIL	YTD
Beginning Cash Balance	\$5,913	N/A
Contributions	\$ 240	\$1,785
Expenses	\$ 254	\$ 371
Ending Cash Balance	\$5,900	N/A

### MEMBERSHIP

Membership, Gain/Loss	1/-2	141
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NON-RESPONSIBILITY DECLARATION: ALL ACTIVITIES arranged or sponsored by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of its members and their guests who desire to participate. Sons In Retirement Inc, and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining in to said activities.

Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). REQUIRED ATTENDANCE – A member who misses three (3) consecutive luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date, and giving a valid reason, or did not attend one half of the regular luncheon meetings within the previous twelve consecutive month period. may be notified, by letter, of the pending termination of his membership in SIR. (Rule 60, 100 & 107).

# MAY ZOOM MEETING

ALL MEMBERS ARE INVITED AND WELCOME

The May ZOOM meeting of our branch will be on 13th at 10:00am. Our speaker for the May will be Saige White from Cosumnes River Preserve. The Cosumnes River Preserve encompasses and protects thousands of acres of wetlands and adjacent uplands. These lands, once considered insect ridden, unattractive, and even dangerous, today are recognized as beautiful places with important roles in local and global ecology. Both the River Walk Trail and Wetlands Walk Trail that are easily accessed from the trailhead just north of the Visitor Center. If you do not have a PC w/ Camera or a Smart Phone, please see "Additional Resources" below for instructions on how to join in with Audio from any phone!

When signing on to ZOOM, **please use your complete name**. For specific ZOOM technical requirements and how to use ZOOM, please see the State SIR website: [www.sirinc.org](http://www.sirinc.org):

If you already use Zoom, the information is **ZOOM meeting ID = 848 4074 8205 / Passcode = 746642**

If you do not have ZOOM on your PC or are not sure HOW to use ZOOM, go to the State SIR website at [www.sirinc.org](http://www.sirinc.org),

*1. On the SIR Home Page, at the end of the last paragraph on this page where it says: "Meanwhile, communicate with Zoom! Information and assistance are here." Click on the word "here". This will take you to the "Zoom Information" page.*

*2. Under "Zoom for SIR" watch the "Overview" video.*

*3. Under "Attend a Meeting" click on "Set Up Zoom" and watch and follow the "Learning How to Use Zoom" slideshow.*

• **ZOOM meeting ID = 848 4074 8205 / Passcode = 746642**

## **ADDITIONAL RESOURCES:**

### **FROM THE ZOOM WEBSITE:**

*You can join a Zoom meeting by means of teleconferencing/ audio conferencing (using a traditional phone). This is useful when:*

- you do not have a microphone or speaker on your PC/Mac,
  - you do not have a smartphone (iOS or Android) while on the road, or
  - you cannot connect to a network for video and VoIP (computer audio)
- 
- The TOLL FREE numbers are 877-853-5247 and 888-788-0099. If you have free long distance, two other numbers are 1-669-900-6833 and 1-646-876-9923.
  - **ZOOM meeting ID = 848 4074 8205 / Passcode = 746642**

Hope you can all make it!