



THE MAIL POUCH



Website: branch69.org

 **The Pony Express Branch #69** 
July - 2022 Edition

Facebook: Pony Express SIR Branch 69

John Popadak, Editor

Message from Mark



June was a very **DYNAMIC** month. Starting off with Golf at The Reserve, Bartley Cavanaugh, Teal Bend, and Wild hawk twice! Active Cribbage at County Club Center, Walking at Natomas Park, Monthly Luncheon with speaker, Dine-Out at Cattlemens Steakhouse, and annual Picnic in Carmichael Park! A Very Full and active month for **ACTIVE SENIORS!**

Effective January 1st, 2022, yearly dues began for our branch. In following procedures members had until June 1st to pay these dues. As of this date we have 100% paid membership.

Last month we sent out interest survey for members to complete. Currently, if you haven't (so what's new) please do so. **Veterans**, please complete the bottom portion of the attached form at least and return it to our Membership Chair SIR John Popadak since we would like to recognize you with a special desert on:



DINE - OUT:

On June 14th we gathered at Cattleman's for an incredible time! The food was excellent and the service was excellent!



NEXT DINE-OUT: EL TAPATIO, on July 20 AT 6:00 PM at 5637 Sunrise Blvd, Citrus Heights, Ca (<https://www.yelp.com/map/el-tapatio-citrus-heights-3>)

We are exploring additional activities for the coming months. **Bocci Ball, Mixed Golf, \$um Investment and Explorer.**

BOCCI BALL: SIR Terry Block has volunteered to coordinate this exciting new endeavor for our members. If interested please contact SIR Terry, 916-686-0797.

MIXED GOLF OUTINGS: (Members, Couples, and guest) I have contacted members spouses who are willing to set tee times for those interested in **STARTING A GOLF-OUT!** More information to come but give me a call if you're interested in participating! (Will not interfere with Monday golf Wednesday bowling or Thursday golf)

\$UMS INVESTMENT: SIR Joe Cain has volunteered to coordinate Investment Programming Group. At times we'll be able to coordinate through zoom with SIR 128. If interested, please give SIR Joe a call at 530-219-3709. Also, more information to follow about upcoming events.

Explorers Group! Please let me know if you are willing to Co-chair this fantastic exploring group (show I'M DOING MY PART).

We are counting YOU to help make these programs **successful** by participating. **PLEASE** invite a guest to any of these activities!

I'M DOING MY PART: Please welcome our new members for May: **SIR Carl Hefner** - Sponsor: SIR Jim Huffman.

Just watched 1956 movie FOLLOW THE SUN on Ben Hogan. <https://youtu.be/CaKy9TcPCnA>

Finally, check out SIR Apparel and Signage ([Apparel and Signage - SIR \(sirinc.org\)](#)) you will be amazed on what is Available to our members (personalize Branch 69 shirts and jackets with your name FREE). The Pro-Shop Website can take Individual orders. If you order is over \$50 it has free shipping.

Mark Steffens, Big Sir



Alan's Chit-Chat

SUMMERTIME – and it is HOT. Who woulda thunk? Michele and I are NOW hosting our other German grandson – Christoph – for a couple of weeks. He and his brother have had a nice visit and have enjoyed the California weather – they can get a bit of rain in the summer months. As you read this, we will all be in the Missouri Ozarks for a week at a YMCA summer camp. We are also taking our youngest grandson Benjamin. Horseback riding, canoes, etc.

This month we will have Mr. A. J. Taggert presenting. He is a California Highway Patrol Officer and he will be discussing what that life is like. My former brother-in-law is also a (retired) CHP officer, and he always had interesting stories to tell.

As always, bring a friend! That is HOW the branch will stay strong and healthy. As we age, we NEED to bring in new, and younger, guys. That is simply a fact of life.

Lastly, special thanks to Lennie and Greg for their YEARS of service to the golfers and to Tom for his love of the bowling league. And ALSO, to Dan Nelson for stepping up and organizing the Cribbage games. And ALSO, to BS Mark Steffens for organizing the dinner out programs. AND for everyone else who volunteers their time and talent. Without these guys our branch would be greatly diminished and perhaps not even exist... If YOU have an idea for an activity, even if you cannot run it yourself, PLEASE let Mark know. The more activities we get the better!

See you at the July meeting!

Alan Weinel, Little SIR



July 14th Luncheon Menu

Tomato Basil Soup, Pan Seared Tilapia with Lemon Butter Sauce, Rice Pilaf, Seasonal Vegetables, Dinner Rolls with Sweet Butter, and Chef's Choice Dessert

In June, our speaker was Gregg Fishman from SMUD. He discussed SMUD's plans to eliminate carbon emissions from their power supplies by 2030.



Little SIR Alan Weinel and Big SIR Mark Steffens present Gregg Fishman with a bottle of wine and a certificate thanking him for his informative presentation.



Your SIR Branch is looking for an Assistant Treasurer for 2023. This position supports the Treasurer in collecting and accounting for member's payments for luncheons and special activities. You will be active and work hand in hand with the Treasurer.

The current Assistant Treasurer, Connor Chin has volunteered to be the Little Sir next year. Jim Happs had to withdraw his nomination for 2023 Little Sir due to a change in the needs of his family that will require his attention. We wish Jim and his family well.

If you are interested contact Paul Sickert at paulsickert3787@gmail.com or (916) 396-6230. Thank you.

WELCOME!!

SIR Carl Hefner

810 Los Molinos Way
Sacramento, CA 95864
(916) 208-1469
carl.hefner@comcast.net
Sponsor: Jim Huffman



Carl was born and raised here in Sacramento, part of a large family in the Curtis Park area. After high school, he attended Sac State and graduated with a degree in Industrial Arts. He then moved to San Jose where he went to work for his cousin as an electrician. He moved on to get his own contractor's license and began building homes.

A back injury and subsequent surgery led Carl to a new field as a building inspector for various city and county governments. Ultimately, he worked as the Deputy Director of Building & Planning in Stockton, just as the city arrived at its much-publicized bankruptcy. Carl learned the ins and outs of trying to turn a government entity into a functional, efficient unit.

This experience led him into his final work effort with a private firm that specialized in helping governmental agencies work efficiently in serving their citizens. Carl retired from that work in 2016.

Carl and his wife Robyn like to travel. He loves golf and plans to join in our branch golf events. He is also hoping to try bowling this fall, depending on his back issues.

Birthday: April 17, 1949

Anniversary: Robyn, February 14, 1981

Grandpa always said, "When one door closes, another one opens." Great man, horrible cabinetmaker.

A bank robber pulls out a gun, points to the teller and says, "Give me all the money or you're geography!"

The puzzled teller replies, "Did you mean to say 'Or you're history'?"

Bank robber says, "Don't change the subject."

How did Vikings communicate over long distances?
Norse code.

RECRUITING AND PUBLICITY

Once more I met with Mike Woods of Haggin Oaks/Morton Golf, this time to consider the possibility of our branch displaying a poster to advertise our golf activities at the 3 main Morton Golf courses. What could be simpler—we put up a poster to help attract golfers? We grow and, hopefully, the game of golf grows. It turns out, it's not so simple after all. The main issue is that, if Morton Golf lets us put up a poster, they would have to do so for every club/organization that wants the same privilege. So, I'm still working on a solution to this issue. Hopefully, I'll have some positive news soon.

Meanwhile, we added a new member to our branch in May. Be sure to read his bio in the newsletter—Carl Hefner is an interesting guy. Each Branch 69 member should give some thought to friends, golfing and bowling buddies who might have an interest in our branch. We know how much fun our golf and bowling programs are—we have to share this information with prospective members.

I'm looking forward to seeing all of you at the next luncheon.



Tom Page Recruiting & Publicity Director

New Member (NM) for May and Sponsor (S)



Jim Huffman (S), Carl Hefner (NM), and Big SIR Mark Steffens.

July Birthdays

Steve Eason	07/01	
Dan Nelson	07/02	
Bill Mueller	07/04	83 Years
Wayne Plauster	07/18	87 Years
Merritt Davis	07/22	84 Years
Steve Haakenson	07/22	
Erle Hansen	07/25	
Bob Baker	07/26	
Wing Tse	07/27	
Rod Lukins	07/29	
Jim Huffman	07/30	
Tim Salada	07/30	



I'M DOING MY PART!



Big SIR Mark Steffens presents Steve Brandenburger with a "I'M Doing My Part" pin for his taking on the Book Club duties.



July Anniversaries

Bud & Romelle Rogers	07/01	
Ken & Daphne Towns	07/04	70 Years
Bernie & Denise Moreno	07/11	
Terry & Emese Block	07/11	
Patrick & Tara Fintel	07/12	
Richard & Katie Terrell	07/12	
Dick & Jackie Borah	07/21	
Alan & Michele Weinel	07/21	
Brian & Susan Thurston	07/22	
Tim & Pamela Salada	07/22	
Rick & Nancy Hom	07/22	
Mark & Debbie Steffens	07/23	
Mike & Pamela Pinkston	07/24	



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"I'll have a cheeseburger and a root beer."

Your 2022 Golf Directors



Lennie Silva—Regular Course



Greg Schweitzer—Progressive Golf Club

JULY GOLF

July 7 - Bing Maloney - 3rd Rd C/C - \$42

July 21 - River Oaks - Low Net - \$47 w/crt

JULY GOLF

July 11 - Wildhawk - Final Round Club Championship



BOWLING NEWS

League bowling is getting close. Not quite here yet, but I can almost smell the lane oil! I'm in the process of contacting our bowlers who participated in the league in past years. Once I know who is planning to bowl with us during the 2022-2023 season, I will determine how many teams we can support. Next, I'll start making up the individual teams. Our kickoff league meeting and fun bowling will come in late August. I hope all the past bowlers will be able to bowl with us again next fall.



Important: if you haven't bowled with us in the past but you want to join us this year, give me a call or email to let me know. Don't miss out!


The State SIR Bowling Committee has several upcoming SIR tournaments on their calendar. Go to the State SIR Bowling website to view the calendar; the entry forms are also on the site.

See you all soon at Country Club Lanes.

Stay safe and stay healthy,

Tom Page, League Secretary 916-488-6465

Check out the State SIR newsletter "Happenings" for information about statewide SIR activities and other branches by clicking on the Rooster at the right.



WALKERS AND HIKERS



We are continuing our walks at the North Natomas Regional Park on Wednesdays at 9 a.m. We have a core group of 4-6 walkers on average that enjoy the flat 2.5 mile journey around the park. The consensus is to continue these walks weekly.

Bring a friend, this is an Activity open to everyone. Bring water and sunscreen.

We are gathering under the red awnings for the North Natomas Farmers Market space at the south edge of the park at 2501 New Market Drive.

If you have any questions, please call Paul Sickert (916) 396-6230. Join us!

Paul Sickert, Walks/Hikes Co-Chair



CARD CLUB

Gentlemen, our next Cribbage Day is Wednesday June 29th at Country Club Bowling Alley at Watt and El Camino Ave.

We will also meet again on July 13th and July 27th.

We start at 2:00 pm

**Dan Nelson, Card Game Facilitator
916-895-5673**



JUNE 2022 SIR BRANCH 69 PICNIC



MESSAGE FROM JERRY SCHROEDER, PICNIC ORGANIZER

I want to take this time to give you people a special thanks for the help you gave the Branch Picnic. Talk about a SUCCESS!

We had 62 adults plus 7 kids in attendance. For those that can't add, that's a 69, just like the Branch number. This matches what we did 3 years ago, so in my memory, this was the best attendance ever, particularly since the club has lost membership due to the pandemic.

This could not have happened without you.

Mark Steffans, you helped me promote attendance when first count was only 47. You brought Cornbread, and just were an anchor overall. And the closing trivial pursuit was fun.

John Popadak, you put out signs to guide people to the remote back corner of the park and they all found it! You even put out an email map the night before to help also.

Tom and Joanne Page, you provided the lemonade again, with a dispenser and ice and cups. Joanne, you gave me help and advice on serving and both of you helped me a lot. Tom, you brought the pitching game board. Every year I laugh at that clown.

Jim Huffman and Joe Bowers, Grill Masters Extraordinaire! The Tri-Tip was perfect, the chicken right on and Jim, you brought hot dogs as a new item and it received rave reviews. You thought the kids might want them, but it was the adults who ate them up. We'll order more next year. You guys worked in the hot sun (Joe, I hope you are OK this morning) and over a hot fire. But WOW. the meat was really good. I noticed there wasn't much left. Zero.

Linda Schroeder, thanks for your baked beans. The secret was Red Tail Ale BBQ Sauce! Tangy.

Hal Copperberg, the potato salad disappeared nicely.

Amnon Igra, thanks for the tossed salad. It had all sorts of vegetables in it and was really good.

Tom Costello and Donna, the watermelon was good. First a salad, then slices hand delivered to the table. You were so welcome.

Dick Borah, thanks for monitoring the pitching game.

Bob and Paulette Sanchez, you set up the bocce ball game and made it another success.

This could not have been done without you.

Thank you
Jerry Schroeder, Picnic Chair



2022 ROSTER REPAIRS

Warren Senegal has a new email address, which is warren.senegal@yahoo.com.

Mas Miyaga has a new telephone number, which is: **(916)476-4769**.

Please send roster corrections to Alan's personal Email account Alan_Weinel@ATT.Net with subject "Roster Correction". Don't forget to update your rosters with new members.

Alan Weinel, Roster Chairman



SOME FOURTH OF JULY TRIVIA

- Q. Why is the name "John Hancock" synonymous with "your signature"?**
- A.** Hancock's bold signature on the Declaration of Independence dwarfed the signatures of the other signers. Legend says that Hancock wanted the king of England to see the rebellious signature without having to wear his spectacles!
- Q. How many people signed the Declaration of Independence on July 4?**
- A.** Only two men signed the Declaration of Independence on July 4, 1776—John Hancock, president of the Congress, and Charles Thompson, secretary of the Congress.
- Q. On what day did most people sign the Declaration of Independence?**
- A.** August 2, 1776.
- Q. When did Independence Day become a national holiday?**
- A.** The Fourth of July was not declared a federal holiday until 1938!
- Q. Is anything written on the back of the Declaration of Independence?**
- A.** Yes, but not a treasure map like a certain favorite film suggests! The message "Original Declaration of Independence dated 4th July 1776" is written upside down on the back of the Declaration of Independence.

2022 Officers

BIG SIR	MARK STEFFENS	(916) 214-8650
LITTLE SIR	ALAN WEINEL	(209) 843-1804
SECRETARY	JIM HUFFMAN	(916) 468-8197
ASST SECRETARY	BERNIE MORENO	(209) 245-6313
TREASURER	HAL COPPERBERG	(916) 722-2606
ASST TREASURER	CONNOR CHIN	(916) 601-1854

Directors

PBS PAUL SICKERT	(916) 396-6230	STEVE BRANDENBURGER	(916) 765-0585
BUD ROGERS	(916) 991-2611	JIM OBLIZALO	(916) 747-8172
PBS TED PATTERSON	(916) 607-3050	JOHN POPADAK	(916) 662-0695

State Officers

STATE PRESIDENT:	RICK KINDLE
REGION 1 DIRECTOR:	HUGH THOMPSON
AREA 4 GOVERNOR:	JACK REEFER

Recruitment, Activities, Member Relations & Publicity (RAMP)

RECRUITING/PUBLICITY/BIO	PBS TOM PAGE	(916) 488-6465
ACTIVITIES	PBS JERRY SCHROEDER	(916) 801-2530
MEMBERSHIP	JOHN POPADAK	(916) 662-0695

Committee Chairs

Programs	Alan Weinel	(209) 843-1804
Newsletter	John Popadak	(916) 662-0695
Chaplain	Lieutenant Coopwood	(916) 206-2732
Roster	Alan Weinel	(209) 843-1804
Golf (RC)	PBS Lennie Silva	(916) 487-9812
Golf (PGC)	Greg Schweitzer	(916) 687-8629
NCGA Ambas	Jim Huffman	(916) 468-8197
Bowling	PBS Tom Page	(916) 488-6465
Audit	Bob Sanchez	(916) 996-7342
Nominating	Paul Sickert	(916) 396-6230
Attendance	Allen Riker	(916) 873-3779
Lunch Recptn	Mark Kraut	(916) 929-3494
Orientation	Steve Goodman	(916) 521-6546
Meeting Rev	John Popadak	(916) 662-0695
Sunshine	Lieutenant Coopwood	(916) 206-2732
Web Site	Ross Martin	(916) 427-0559
Book Club	Steve Brandenburg	(916) 765-0585
RAMP	Jerry Schroeder	(916) 801-2530
Information	John Popadak	(916) 662-0695
Branch Appl	https://sirinc.org/apparel-and-signage	

Honored Members

HONORARY LIFE MEMBERS

PBS RON HUTCHESON
PBS TOM PAGE
PBS JIM PORTERFIELD
PRD WARREN SENEGAL
PBS LENNIE SILVA

SENIOR CERTIFICATES

SIR JIM PAGE
SIR KEN TOWNS
SIR VERNON FREEMAN
SIR HEMAN SMITH
SIR LLOYD PLANK
SIR CHARLES DANT



SUNSHINE



If you know of any of our members or immediate family with health problems give me a call at (916) 206-2732, or Big SIR Mark Steffens

**Lieutenant Coopwood,
Sunshine Chairman
ltcoopjr@gmail.com**



NON-RESPONSIBILITY DECLARATION: ALL ACTIVITIES arranged or sponsored by Sons In Retirement, Inc. and its branches are for the convenience and pleasure of its members and their guests who desire to participate. Sons In Retirement Inc, and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining in to said activities.

Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date, and giving a valid reason, or did not attend one half of the regular luncheon meetings within the previous twelve consecutive month period. may be notified, by letter, of the pending termination of his membership in SIR. (Rule 60, 100 & 107).

Name _____

Please check those activities and/or interests that you would participate in now or in the future. Our Branch has many of these, and others may be available in our Area. Should you be passionate about an activity that is not available, you will be given assistance in starting it. That's a great way to meet people. Many of these activities allow your partner can be involved in SIR too.

ACTIVITIES LIST

<input type="checkbox"/>	Antique Cars	<input type="checkbox"/>	Chorus	<input type="checkbox"/>	Explore & Eat	<input type="checkbox"/>	Pinochle
<input type="checkbox"/>	Astronomy	<input type="checkbox"/>	Coins	<input type="checkbox"/>	Fishing	<input type="checkbox"/>	Poker
<input type="checkbox"/>	Backgammon	<input type="checkbox"/>	Computers & Tech	<input type="checkbox"/>	Football Day	<input type="checkbox"/>	Pool - Billiards
<input type="checkbox"/>	Barbershop Quartet	<input type="checkbox"/>	Computer Training	<input type="checkbox"/>	Game Night	<input type="checkbox"/>	Pool - Table
<input type="checkbox"/>	Baseball Day	<input type="checkbox"/>	Cooking - Group	<input type="checkbox"/>	Gardening	<input type="checkbox"/>	Racing Day
<input type="checkbox"/>	Biking	<input type="checkbox"/>	Cooking - Host	<input type="checkbox"/>	Genealogy	<input type="checkbox"/>	Recreational Vehicles
<input type="checkbox"/>	Book Club	<input type="checkbox"/>	Crab Feed	<input type="checkbox"/>	Gin Rummy	<input type="checkbox"/>	Singing
<input type="checkbox"/>	Book Swap	<input type="checkbox"/>	Cribbage	<input type="checkbox"/>	Golf	<input type="checkbox"/>	Stamps
<input type="checkbox"/>	Bocce	<input type="checkbox"/>	Dancing	<input type="checkbox"/>	Hiking - Experienced	<input type="checkbox"/>	Travel
<input type="checkbox"/>	Bowling	<input type="checkbox"/>	Photography	<input type="checkbox"/>	Hiking - Easy	<input type="checkbox"/>	Wine Bargains/Finders
<input type="checkbox"/>	Bowling, Lawn	<input type="checkbox"/>	Dinner Dances	<input type="checkbox"/>	Horseshoes	<input type="checkbox"/>	Wine Tasting
<input type="checkbox"/>	Breakfast Club	<input type="checkbox"/>	Dine In - Potluck	<input type="checkbox"/>	Investments	<input type="checkbox"/>	Woodworking
<input type="checkbox"/>	Brewing	<input type="checkbox"/>	Dine Out - Group	<input type="checkbox"/>	Model Railroad	<input type="checkbox"/>	Write Auto-Biography
<input type="checkbox"/>	Bridge - Basic	<input type="checkbox"/>	Dominoes - Regular	<input type="checkbox"/>	Musician	<input type="checkbox"/>	Veterans
<input type="checkbox"/>	Bridge - Duplicate	<input type="checkbox"/>	Dominoes - Mex Train	<input type="checkbox"/>	Musicians - Group	<input type="checkbox"/>	Yoga
<input type="checkbox"/>	Chess	<input type="checkbox"/>	Economic Study	<input type="checkbox"/>	Pickleball	<input type="checkbox"/>	

Other areas of interest not listed above:

Ways you can assist the Branch: Please check those that interest you.

Leadership Luncheon Help Computer Other

<input type="checkbox"/>	Secretary	<input type="checkbox"/>	Luncheon Coordinator	<input type="checkbox"/>	E - Communications	<input type="checkbox"/>	Training
<input type="checkbox"/>	Treasurer	<input type="checkbox"/>	Audio/Video	<input type="checkbox"/>	Website	<input type="checkbox"/>	Photographer
<input type="checkbox"/>	Recruiting	<input type="checkbox"/>	Chaplain	<input type="checkbox"/>	Newsletter Prep	<input type="checkbox"/>	Photo Editing
<input type="checkbox"/>	Activities	<input type="checkbox"/>	Song Leader	<input type="checkbox"/>	Newsletter Editing	<input type="checkbox"/>	Auditing
<input type="checkbox"/>	Member Relations	<input type="checkbox"/>	Greeter	<input type="checkbox"/>	Database	<input type="checkbox"/>	Special Events Assis-
<input type="checkbox"/>	Publicity	<input type="checkbox"/>	Check-In Table	<input type="checkbox"/>	Spreadsheets	<input type="checkbox"/>	Budget Planning
<input type="checkbox"/>		<input type="checkbox"/>	Guest Speaker Search	<input type="checkbox"/>	IT	<input type="checkbox"/>	Pianist

VETERAN DATA

Branch of Service _____ Year Joined _____ Year Discharged _____

Highest Rank _____ Special Awards _____

Served During Specific War or Conflicts _____

Other Information about yourself that you would like us to know: _____
